

PREPARED FOR:



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

PREPARED BY:



The Harris Poll

Harris Insights & Analytics LLC, A Stagwell Company

Research Method and Reading the Report

Research Method *(to be included in public release materials)*

The 2024 Stress in America™ survey was conducted online within the United States by The Harris Poll on behalf of the American Psychological Association (APA) between August 1 - 23, 2024 among 3,305 adults age 18+ who reside in the U.S. that serves as a nationally representative sample. In addition, to the national sample, oversamples were collected to allow for subgroup analysis within by race/ethnicity groups. Sample sizes across the national and oversamples are as follows: 801 Black, 855 Hispanic, and 804 Asian. Interviews were conducted in English and Spanish.

Data are weighted where necessary to reflect their proportions in the population based on the 2023 Current Population Survey (CPS) by the U.S. Census Bureau, PEW NPORS 2023 (for frequency of internet use and political party affiliation), and PEW 2021 (for language use). Weighting variables included age by gender, race/ethnicity, education, region, household income, frequency of internet use, and political party affiliation to bring them in line with their actual proportions in the population. Hispanic adults were also weighted for acculturation, taking into account respondents' household language as well as their ability to read and speak in English and Spanish. Country of origin (U.S./non-U.S.) was also included for Hispanic and Asian subgroups.

Respondents for this survey were selected from among those who have agreed to participate in our surveys. The sampling precision of Harris online polls is measured by using a Bayesian credible interval. For this study, the sample data is accurate to within ± 2.2 percentage points using a 95% confidence level. This credible interval will be wider among subsets of the surveyed population of interest.

- The sample data for the Black sample is accurate to within ± 4.6 percentage points using a 95% confidence level.
- The sample data for the Hispanic sample is accurate to within ± 5.2 percentage points using a 95% confidence level.
- The sample data for the Asian sample is accurate to within ± 4.6 percentage points using a 95% confidence level.

All sample surveys and polls, whether or not they use probability sampling, are subject to other multiple sources of error which are most often not possible to quantify or estimate, including, but not limited to coverage error, error associated with nonresponse, error associated with question wording and response options, and post-survey weighting and adjustments.

Reading the Report

The percentage of respondents has been included for each item.

- * represents a value of less than one-half percent.
- A dash (-) represents a value of zero.
- Percentages may not always add up to 100% because of computer rounding or the acceptance of multiple responses.

Q268C. Gender

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Female/Woman	51%
Male/Man	48%
Nonbinary	1%
Two-spirit	*
Prefer to self-describe:	*
Prefer not to answer	*
Sigma	100%

Base: All Qualified Respondents

Q268D. Do you identify as transgender?

	Total
Unweighted Base	3305
Weighted Base	3305
Yes	3%
No	97%
Prefer not to answer	1%
Sigma	100%

Base: All Qualified Respondents

AGE: What is your age?

Total	
Unweighted Base	3305
Weighted Base	3305
18-34	30%
35-44	17%
45-64	32%
65+	22%
MEAN	47.5
STD. DEV.	18.31
STD. ERR.	0.32
MEDIAN	47
Sigma	100%

Base: All Qualified Respondents

MARITAL STATUS: What is your current marital status?

Total	
Unweighted Base	3305
Weighted Base	3305
Never married	29%
MARRIED / LIVING WITH PARTNER (NET)	56%
Married or civil union	48%
Living with partner	8%
DIVORCED / SEPARATED / WIDOWED (NET)	15%
Divorced	8%
Separated	2%
Widowed	5%
Sigma	100%

Base: All Qualified Respondents

ADULTS IN HH: Including yourself, how many people age 18 or older live in your household?

		Total
Unweighted Base		3305
Weighted Base		3305
1		21%
ANY OTHER THAN RESPONDENT (NET)		79%
2		50%
3		15%
4+		13%
MEAN		2.3
STD. DEV.		1.71
STD. ERR.		0.03
MEDIAN		2
Sigma		100%

Base: All Qualified Respondents

CHILDREN IN HH: How many people under the age of 18 live in your household?

	Total
Unweighted Base	3305
Weighted Base	3305
0	65%
ANY (NET)	35%
1	17%
2	13%
3	4%
4+	2%
MEAN (INCLUDING ZERO)	0.6
STD. DEV.	1.07
STD. ERR.	0.02
MEAN (EXCLUDING ZERO)	1.8
STD. DEV.	1.07
STD. ERR.	0.03
MEDIAN (EXCLUDING ZERO)	2
Sigma	100%

HOUSEHOLD SIZE: Size of Household (Net)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
1 HH member	16%
2 HH members	37%
3 HH members	16%
4 HH members	17%
5+ HH members	14%
Sigma	100%

Base: Have At Least One Child In Household

Q3004. And, how many people under the age of 18 live in your household at least 50% of the time for whom you are the parent or guardian?

Total	
Unweighted Base	1272
Weighted Base	1168
0	17%
1	40%
2	30%
3	9%
4	3%
5	1%
6	*
Blank	1%
MEAN (INCLUDING ZERO)	1.4
STD. DEV.	1.04
STD. ERR.	0.03
MEDIAN (INCLUDING ZERO)	1
MEAN (EXCLUDING ZERO)	1.7
STD. DEV.	0.89
STD. ERR.	0.03
MEDIAN (EXCLUDING ZERO)	2
Sigma	100%

DMCAREGIVER. Have you ever or do you currently serve as a caregiver to a family member or friend?
By 'caregiver', we mean providing paid or unpaid long-term care to a family member or friend with an episodic, permanent, or temporary condition who needs help taking care of themselves. Please do not consider basic duties of parenting.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Ever (Net)	41%
Yes, currently	21%
Yes, in the past	20%
No	59%
Sigma	100%

EMPLOYMENT: Which of the following best describes your employment status?

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
EMPLOYED (NET)	57%
Employed full time	42%
Employed part time	9%
Self-employed full time	5%
Self-employed part time	2%
NOT EMPLOYED (NET)	43%
Not employed, but looking for work	6%
Not employed and not looking for work	1%
Not employed, unable to work due to a disability or illness	4%
Retired	22%
Student	4%
Stay-at-home spouse or partner	5%
Sigma	100%

RACE: What is your race?

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
White	55%
Latino/a	18%
Black or African American	12%
ASIAN (NET)	7%
Chinese	2%
South Asian	1%
Japanese	1%
Filipino	1%
Korean	1%
Vietnamese	*
Arab / West Asian	*
Asian (multiple)	*
Other Asian	1%
More than one race / Mixed Race	4%
Native American or Alaskan Native	3%
Native Hawaiian or Pacific Islander / Pacific Islander	*
Some other race	1%
Prefer not to answer	-
Sigma	100%

Q2105. Have you ever been told by a healthcare provider that you have any of the following conditions? Please select all that apply.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
HAS CHRONIC ILLNESS (NET)	69%
High blood pressure	28%
High cholesterol	23%
Depression	19%
An anxiety disorder (such as generalized anxiety disorder, panic disorder or PTSD)	19%
Overweight	17%
Arthritis	16%
Asthma or other respiratory disease	12%
Type 2 Diabetes	10%
Obesity	9%
Chronic pain	9%
Cancer	5%
Heart disease or heart attack	4%
Type 1 Diabetes	3%
Stroke	2%
None of the above	30%
Decline to answer	2%
Sigma	208%

Base: All Qualified Respondents

Q2250. In general, would you say your physical health is ...

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 3 BOX (NET)		80%
TOP 2 BOX (SUB-NET)		40%
Excellent		11%
Very good		29%
Good		40%
BOTTOM 2 BOX (NET)		20%
Fair		18%
Poor		3%
Sigma		100%

Base: All Qualified Respondents

Q2255. In general, would you say your mental health is ...

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 3 BOX (NET)	78%
TOP 2 BOX (SUB-NET)	47%
Excellent	20%
Very good	27%
Good	32%
BOTTOM 2 BOX (NET)	22%
Fair	17%
Poor	4%
Sigma	100%

Base: All Qualified Respondents

Q605. Next we have some questions about stress. On a scale of 1 to 10, where 1 means you have "little or no stress" and 10 means you have "a great deal of stress," how would you rate your average level of stress during the past month?

Total	
Unweighted Base	3305
Weighted Base	3305
8-10 (NET)	22%
(10) A great deal of stress	6%
(9)	5%
(8)	11%
4-7 (NET)	44%
(7)	11%
(6)	10%
(5)	15%
(4)	7%
1-3 (NET)	34%
(3)	10%
(2)	12%
(1) Little or no stress	12%
Blank	*
MEAN	5.0
STD. DEV.	2.71
STD. ERR.	0.05
MEDIAN	5
Sigma	100%

Q625. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

SUMMARY TABLE OF SIGNIFICANT (TOP 2 BOX)

Base: Variable Bases

	Total
HEALTH-RELATED (NET)	66%
My physical health	50%
My mental health	47%
Health problems (physical and/or mental) affecting my family	47%
Work [FOR THOSE EMPLOYED]	65%
Money	64%
Family responsibilities	56%
Relationships (e.g., spouse, kids, girl/boyfriend)	49%
Job stability	41%
Personal safety	36%
Discrimination	24%

Q625. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

Base: Variable Bases

SUMMARY TABLE OF NOT SIGNIFICANT (BOTTOM 2 BOX)

	Total
Discrimination	76%
Personal safety	64%
Job stability	59%
Health problems (physical and/or mental) affecting my family	53%
My mental health	53%
Relationships (e.g., spouse, kids, girl/boyfriend)	51%
My physical health	50%
Family responsibilities	44%
Money	36%
Work [FOR THOSE EMPLOYED]	35%

Q625_1. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 18

Base: All Qualified Respondents

1. Money

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	64%
Very significant	33%
Somewhat significant	30%
BOTTOM 2 BOX (NET)	36%
Not very significant	19%
Not at all significant	17%
Sigma	100%

Q625_2. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

2. Work

Base: Employed Respondents

Total	
Unweighted Base	2092
Weighted Base	1895
TOP 2 BOX (NET)	65%
Very significant	28%
Somewhat significant	37%
BOTTOM 2 BOX (NET)	35%
Not very significant	22%
Not at all significant	14%
Sigma	100%

Q625_4. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

4. Relationships (e.g., spouse, kids, girl/boyfriend)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	49%
Very significant	20%
Somewhat significant	29%
BOTTOM 2 BOX (NET)	51%
Not very significant	23%
Not at all significant	28%
Sigma	100%

Q625_5. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

Base: All Qualified Respondents

5. Health problems (physical and/or mental) affecting my family

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	47%
Very significant	18%
Somewhat significant	29%
BOTTOM 2 BOX (NET)	53%
Not very significant	28%
Not at all significant	26%
Sigma	100%

Q625_6. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 22

Base: All Qualified Respondents

6. Family responsibilities

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	56%
Very significant	23%
Somewhat significant	33%
BOTTOM 2 BOX (NET)	44%
Not very significant	21%
Not at all significant	23%
Sigma	100%

Q625_9. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 23

Base: All Qualified Respondents

9. Job stability

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	41%
Very significant	19%
Somewhat significant	22%
BOTTOM 2 BOX (NET)	59%
Not very significant	18%
Not at all significant	41%
Sigma	100%

Q625_10. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 24

Base: All Qualified Respondents

10. Personal safety

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	36%
Very significant	15%
Somewhat significant	21%
BOTTOM 2 BOX (NET)	64%
Not very significant	27%
Not at all significant	37%
Sigma	100%

Q625_11. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 25

Base: All Qualified Respondents

11. Discrimination

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		24%
Very significant		9%
Somewhat significant		15%
BOTTOM 2 BOX (NET)		76%
Not very significant		22%
Not at all significant		53%
Sigma		100%

Q625_14. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 26

Base: All Qualified Respondents

14. My physical health

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	50%
Very significant	18%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	50%
Not very significant	29%
Not at all significant	21%
Sigma	100%

Q625_15. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 27

Base: All Qualified Respondents

15. My mental health

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	47%
Very significant	21%
Somewhat significant	26%
BOTTOM 2 BOX (NET)	53%
Not very significant	24%
Not at all significant	29%
Sigma	100%

Q3222. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 28

SUMMARY TABLE OF VERY/SOMEWHAT SIGNIFICANT (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
The economy (e.g., inflation, unemployment rates, etc.)	73%
U.S. politics	62%
Healthcare (e.g., access, affordability, finding time for appointments, etc.)	55%
Violence and crime	54%
The environment (e.g., climate change, natural disasters, sustainability, etc.)	51%
Global tension/conflict	51%
Gun laws and regulations	49%
Social issues (i.e., issues related to race, sexual orientation, gender identity, religion, etc.)	44%
Education	43%
Immigration	40%
Abortion laws	37%

Q3222. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 29

SUMMARY TABLE OF NOT AT ALL/NOT VERY SIGNIFICANT (BOTTOM 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Abortion laws	63%
Immigration	60%
Education	57%
Social issues (i.e., issues related to race, sexual orientation, gender identity, religion, etc.)	56%
Gun laws and regulations	51%
Global tension/conflict	49%
The environment (e.g., climate change, natural disasters, sustainability, etc.)	49%
Violence and crime	46%
Healthcare (e.g., access, affordability, finding time for appointments, etc.)	45%
U.S. politics	38%
The economy (e.g., inflation, unemployment rates, etc.)	27%

Q3222_6. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 30

6. Violence and crime

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	54%
Very significant	20%
Somewhat significant	34%
BOTTOM 2 BOX (NET)	46%
Not very significant	27%
Not at all significant	19%
Sigma	100%

Q3222_7. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 31

7. Global tension/conflict

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	51%
Very significant	16%
Somewhat significant	35%
BOTTOM 2 BOX (NET)	49%
Not very significant	29%
Not at all significant	20%
Sigma	100%

Q3222_8. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 32

8. Healthcare (e.g., access, affordability, finding time for appointments, etc.)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	55%
Very significant	21%
Somewhat significant	34%
BOTTOM 2 BOX (NET)	45%
Not very significant	25%
Not at all significant	20%
Sigma	100%

Q3222_9. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 33

9. Abortion laws

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	37%
Very significant	15%
Somewhat significant	22%
BOTTOM 2 BOX (NET)	63%
Not very significant	28%
Not at all significant	35%
Sigma	100%

Q3222_10. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 34

10. Immigration

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	40%
Very significant	17%
Somewhat significant	23%
BOTTOM 2 BOX (NET)	60%
Not very significant	27%
Not at all significant	33%
Sigma	100%

Q3222_13. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 35

Base: All Qualified Respondents

13. The economy (e.g., inflation, unemployment rates, etc.)

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	73%
Very significant	34%
Somewhat significant	38%
BOTTOM 2 BOX (NET)	27%
Not very significant	18%
Not at all significant	9%
Sigma	100%

Q3222_15. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 36

15. Education

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	43%
Very significant	18%
Somewhat significant	25%
BOTTOM 2 BOX (NET)	57%
Not very significant	26%
Not at all significant	31%
Sigma	100%

Q3222_16. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 37

16. Social issues (i.e., issues related to race, sexual orientation, gender identity, religion, etc.)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	44%
Very significant	18%
Somewhat significant	26%
BOTTOM 2 BOX (NET)	56%
Not very significant	28%
Not at all significant	28%
Sigma	100%

Q3222_17. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 38

17. The environment (e.g., climate change, natural disasters, sustainability, etc.)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	51%
Very significant	21%
Somewhat significant	31%
BOTTOM 2 BOX (NET)	49%
Not very significant	25%
Not at all significant	23%
Sigma	100%

Q3222_18. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 39

18. Gun laws and regulations

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	49%
Very significant	20%
Somewhat significant	29%
BOTTOM 2 BOX (NET)	51%
Not very significant	27%
Not at all significant	24%
Sigma	100%

Q3222_19. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 40

19. U.S. politics

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	62%
Very significant	26%
Somewhat significant	36%
BOTTOM 2 BOX (NET)	38%
Not very significant	23%
Not at all significant	15%
Sigma	100%

Q3226. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 41

SUMMARY TABLE OF VERY/SOMEWHAT SIGNIFICANT (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
The future of our nation	77%
The 2024 U.S. presidential election	69%
Housing costs (e.g., mortgage or rent)	65%
Mass shootings	63%
The spread of false news (e.g., misinformation, disinformation, deepfakes, etc.)	62%
Social divisiveness in our nation	60%
Police violence toward minorities	52%
The Israel-Hamas war	50%
Rise of artificial intelligence (AI)	49%
The current state of race relations	49%
The state of diversity, equity, and inclusion (DEI) practices	44%
The current state of LGBTQ+ inclusivity and acceptance	34%

Q3226. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 42

SUMMARY TABLE OF NOT AT ALL/NOT VERY SIGNIFICANT (BOTTOM 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
The current state of LGBTQ+ inclusivity and acceptance	66%
The state of diversity, equity, and inclusion (DEI) practices	56%
The current state of race relations	51%
Rise of artificial intelligence (AI)	51%
The Israel-Hamas war	50%
Police violence toward minorities	48%
Social divisiveness in our nation	40%
The spread of false news (e.g., misinformation, disinformation, deepfakes, etc.)	38%
Mass shootings	37%
Housing costs (e.g., mortgage or rent)	35%
The 2024 U.S. presidential election	31%
The future of our nation	23%

Q3226_1. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 43

Base: All Qualified Respondents

1. The Israel-Hamas war

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	50%
Very significant	18%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	50%
Not very significant	29%
Not at all significant	21%
Sigma	100%

Q3226_2. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 44

2. The 2024 U.S. presidential election

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	69%
Very significant	35%
Somewhat significant	35%
BOTTOM 2 BOX (NET)	31%
Not very significant	19%
Not at all significant	12%
Sigma	100%

Q3226_3. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 45

Base: All Qualified Respondents

3. The state of diversity, equity, and inclusion (DEI) practices

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	44%
Very significant	18%
Somewhat significant	27%
BOTTOM 2 BOX (NET)	56%
Not very significant	30%
Not at all significant	26%
Sigma	100%

Q3226_4. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 46

4. Rise of artificial intelligence (AI)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	49%
Very significant	20%
Somewhat significant	29%
BOTTOM 2 BOX (NET)	51%
Not very significant	29%
Not at all significant	21%
Sigma	100%

Q3226_5. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 47

5. The spread of false news (e.g., misinformation, disinformation, deepfakes, etc.)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	62%
Very significant	28%
Somewhat significant	34%
BOTTOM 2 BOX (NET)	38%
Not very significant	23%
Not at all significant	15%
Sigma	100%

Q3226_6. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 48

6. Police violence toward minorities

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	52%
Very significant	22%
Somewhat significant	30%
BOTTOM 2 BOX (NET)	48%
Not very significant	26%
Not at all significant	23%
Sigma	100%

Q3226_7. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 49

7. Housing costs (e.g., mortgage or rent)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	65%
Very significant	34%
Somewhat significant	31%
BOTTOM 2 BOX (NET)	35%
Not very significant	18%
Not at all significant	17%
Sigma	100%

Q3226_8. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 50

8. The future of our nation

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	77%
Very significant	41%
Somewhat significant	36%
BOTTOM 2 BOX (NET)	23%
Not very significant	15%
Not at all significant	8%
Sigma	100%

Q3226_9. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 51

Base: All Qualified Respondents

9. Social divisiveness in our nation

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	60%
Very significant	23%
Somewhat significant	36%
BOTTOM 2 BOX (NET)	40%
Not very significant	22%
Not at all significant	18%
Sigma	100%

Q3226_10. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 52

10. The current state of race relations

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	49%
Very significant	18%
Somewhat significant	30%
BOTTOM 2 BOX (NET)	51%
Not very significant	29%
Not at all significant	22%
Sigma	100%

Q3226_11. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 53

Base: All Qualified Respondents

11. The current state of LGBTQ+ inclusivity and acceptance

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	34%
Very significant	14%
Somewhat significant	20%
BOTTOM 2 BOX (NET)	66%
Not very significant	30%
Not at all significant	36%
Sigma	100%

Q3226_12. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life.

23 Sep 2024
Table 54

Base: All Qualified Respondents

12. Mass shootings

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	63%
Very significant	27%
Somewhat significant	36%
BOTTOM 2 BOX (NET)	37%
Not very significant	22%
Not at all significant	15%
Sigma	100%

Q810. Which of the following, if any, have you experienced in the last month as a result of stress? Please select all that apply.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	75%
Feeling nervous or anxious	38%
Headache	36%
Fatigue	35%
Feeling depressed or sad	33%
Lack of interest, motivation or energy	32%
Irritability or anger	31%
Feeling as though I could cry	26%
Upset stomach or indigestion	23%
Change in appetite	20%
Muscular tension	20%
Teeth grinding	15%
Feeling faint or dizzy	15%
Change in sex drive	14%
Tightness in my chest	13%
Change in menstrual cycle	12%
[FOR FEMALES]	
Erectile dysfunction [FOR MALES]	9%
Other	3%
Nothing	24%
Decline to answer	1%

Q3230. As a result of feeling stressed, have you...
SUMMARY TABLE OF EVER

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Lost patience or yelled at a family member	55%
Skipped exercising or physical activity	50%
Struggled/Had difficulty making decisions	50%
Struggled/Had difficulty planning for the future	47%
Canceled social plans (e.g., plans with friends or family)	47%
Ignored/Didn't take care of myself	46%
Got into a verbal altercation	44%
Ignored/Didn't take care of my responsibilities at work, home, or school	40%
Experienced road rage (e.g., yelling, tailgating, purposely cutting off other cars)	34%
Lost patience or yelled at a coworker	29%
Lost patience or yelled at a stranger	29%
Got into a physical altercation	23%

Q3230. As a result of feeling stressed, have you...
SUMMARY TABLE OF IN THE PAST MONTH

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Lost patience or yelled at a family member	32%
Struggled/Had difficulty making decisions	31%
Skipped exercising or physical activity	31%
Struggled/Had difficulty planning for the future	29%
Ignored/Didn't take care of myself	28%
Canceled social plans (e.g., plans with friends or family)	25%
Ignored/Didn't take care of my responsibilities at work, home, or school	25%
Got into a verbal altercation	23%
Experienced road rage (e.g., yelling, tailgating, purposefully cutting off other cars)	18%
Lost patience or yelled at a stranger	15%
Lost patience or yelled at a coworker	13%
Got into a physical altercation	11%

Q3230_1. As a result of feeling stressed, have you...

1. Ignored/Didn't take care of my responsibilities at work, home, or school

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Ever	40%
In the past month	25%
I have never done this because of feeling stressed	60%
Sigma	125%

Q3230_2. As a result of feeling stressed, have you...
2. Ignored/Didn't take care of myself

23 Sep 2024
Table 59

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	46%
In the past month	28%
I have never done this because of feeling stressed	54%
Sigma	128%

Base: All Qualified Respondents

Q3230_3. As a result of feeling stressed, have you...
3. Canceled social plans (e.g., plans with friends or family)

		Total
Unweighted Base		3305
Weighted Base		3305
Ever		47%
In the past month		25%
I have never done this because of feeling stressed		53%
Sigma		125%

Base: All Qualified Respondents

Q3230_4. As a result of feeling stressed, have you...
4. Skipped exercising or physical activity

23 Sep 2024
Table 61

		Total
Unweighted Base		3305
Weighted Base		3305
Ever		50%
In the past month		31%
I have never done this because of feeling stressed		50%
Sigma		131%

Base: All Qualified Respondents

Q3230_5. As a result of feeling stressed, have you...
5. Struggled/Had difficulty planning for the future

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	47%
In the past month	29%
I have never done this because of feeling stressed	53%
Sigma	129%

Base: All Qualified Respondents

Q3230_6. As a result of feeling stressed, have you...
6. Struggled/Had difficulty making decisions

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	50%
In the past month	31%
I have never done this because of feeling stressed	50%
Sigma	131%

Q3230_7. As a result of feeling stressed, have you...
7. Lost patience or yelled at a stranger

23 Sep 2024
Table 64

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	29%
In the past month	15%
I have never done this because of feeling stressed	71%
Sigma	115%

Base: All Qualified Respondents

Q3230_8. As a result of feeling stressed, have you...
8. Lost patience or yelled at a family member

23 Sep 2024
Table 65

		Total
Unweighted Base		3305
Weighted Base		3305
Ever		55%
In the past month		32%
I have never done this because of feeling stressed		45%
Sigma		132%

Base: All Qualified Respondents

Q3230_9. As a result of feeling stressed, have you...
9. Lost patience or yelled at a coworker

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	29%
In the past month	13%
I have never done this because of feeling stressed	71%
Sigma	113%

Base: All Qualified Respondents

Q3230_10. As a result of feeling stressed, have you...
10. Experienced road rage (e.g., yelling, tailgating, purposely cutting off other cars)

		Total
Unweighted Base		3305
Weighted Base		3305
Ever		34%
In the past month		18%
I have never done this because of feeling stressed		66%
Sigma		118%

Base: All Qualified Respondents

Q3230_11. As a result of feeling stressed, have you...
11. Got into a physical altercation

23 Sep 2024
Table 68

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	23%
In the past month	11%
I have never done this because of feeling stressed	77%
Sigma	111%

Base: All Qualified Respondents

Q3230_12. As a result of feeling stressed, have you...
12. Got into a verbal altercation

23 Sep 2024
Table 69

Total	
Unweighted Base	3305
Weighted Base	3305
Ever	44%
In the past month	23%
I have never done this because of feeling stressed	56%
Sigma	123%

Q711A. How much do you agree or disagree that each of the following statements describes you?
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
I stay connected to family, friends, and others around me.		83%
If something were to happen to me, I have someone whom I can regularly rely on.		81%
I have hobbies and interests that I regularly participate in.		79%
If I needed advice, I have someone whom I can regularly rely on.		79%
I feel that I spend enough time involved in social activities.		62%
I am lonely.		38%
I feel that my relationships with others are not meaningful.		35%

Q711A. How much do you agree or disagree that each of the following statements describes you?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
I feel that my relationships with others are not meaningful.		65%
I am lonely.		62%
I feel that I spend enough time involved in social activities.		38%
If I needed advice, I have someone whom I can regularly rely on.		21%
I have hobbies and interests that I regularly participate in.		21%
If something were to happen to me, I have someone whom I can regularly rely on.		19%
I stay connected to family, friends, and others around me.		17%

Q711A_1. How much do you agree or disagree that each of the following statements describes you?
1. I stay connected to family, friends, and others around me.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		83%
Strongly agree		42%
Somewhat agree		41%
BOTTOM 2 BOX (NET)		17%
Somewhat disagree		12%
Strongly disagree		5%
Sigma		100%

Q711A_2. How much do you agree or disagree that each of the following statements describes you?
2. I am lonely.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	38%
Strongly agree	14%
Somewhat agree	24%
BOTTOM 2 BOX (NET)	62%
Somewhat disagree	21%
Strongly disagree	40%
Sigma	100%

Q711A_3. How much do you agree or disagree that each of the following statements describes you?
3. If something were to happen to me, I have someone whom I can regularly rely on.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	81%
Strongly agree	47%
Somewhat agree	34%
BOTTOM 2 BOX (NET)	19%
Somewhat disagree	12%
Strongly disagree	7%
Sigma	100%

Q711A_4. How much do you agree or disagree that each of the following statements describes you?
4. If I needed advice, I have someone whom I can regularly rely on.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	79%
Strongly agree	42%
Somewhat agree	38%
BOTTOM 2 BOX (NET)	21%
Somewhat disagree	14%
Strongly disagree	7%
Sigma	100%

Q711A_5. How much do you agree or disagree that each of the following statements describes you?
5. I feel that I spend enough time involved in social activities.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	62%
Strongly agree	23%
Somewhat agree	39%
BOTTOM 2 BOX (NET)	38%
Somewhat disagree	26%
Strongly disagree	12%
Sigma	100%

Q711A_6. How much do you agree or disagree that each of the following statements describes you?
6. I have hobbies and interests that I regularly participate in.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	79%
Strongly agree	36%
Somewhat agree	43%
BOTTOM 2 BOX (NET)	21%
Somewhat disagree	15%
Strongly disagree	6%
Sigma	100%

Q711A_7. How much do you agree or disagree that each of the following statements describes you?
7. I feel that my relationships with others are not meaningful.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	35%
Strongly agree	11%
Somewhat agree	24%
BOTTOM 2 BOX (NET)	65%
Somewhat disagree	28%
Strongly disagree	37%
Sigma	100%

Q704. In the last 12 months, could you have used more emotional support than you received?

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	65%
Yes, I could have used a lot more emotional support	25%
Yes, I could have used some more emotional support	21%
Yes, I could have used a little more emotional support	19%
No	35%
Sigma	100%

Q3560. How many close relationships do you currently have? When answering, please think about the people you feel you can trust and rely on. Your best estimate is fine.

23 Sep 2024
Table 80

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
5 OR FEWER (NET)	69%
1	13%
2-3	33%
4-5	24%
6-7	7%
8-9	3%
10 or More (10+)	8%
N/A - I do not have any close relationships currently	13%
MEAN	4.5
STD. DEV.	5.29
STD. ERR.	0.10
MEDIAN	3
Sigma	100%

Q975. In general, do you feel you have more, fewer, or about the same amount of close relationships (i.e., people you can trust and rely on) than you have had in the past?

23 Sep 2024
Table 81

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
More	9%
About the same amount	63%
Fewer	28%
Sigma	100%

Q3567 How do you most commonly interact with those you feel you have a close relationship with (e.g., spouse/partner, other romantic relationship, friend, family member, etc.)? Please select all that apply.

23 Sep 2024
Table 82

Base: Have Any Close Relationships Currently

Total	
Unweighted Base	2907
Weighted Base	2889
INTERACT WITH CLOSE RELATIONSHIP(S) (NET)	99%
ELECTRONICALLY/ VIRTUALLY (SUB-NET)	88%
Text/texting	70%
Phone call	67%
Through social media (e.g., Facebook, Twitter/X, Instagram, etc.)	31%
Video call (e.g., Zoom, FaceTime, Skype, etc.)	28%
In person	82%
Other	1%
None	1%
Sigma	279%

Q3580 Thinking about your close relationships (i.e., people you can trust and rely on), in general, how many would you describe as healthy relationships? By healthy relationships, we mean a relationship based on trust, honesty, and respect in which both people put forth effort to sustain the relationship.

Base: Have Any Close Relationships Currently

Total	
Unweighted Base	2907
Weighted Base	2889
ANY (NET)	98%
SOME OR MORE (SUB-NET)	83%
MOST/ALL (SUB-NET)	69%
All of them	42%
Most of them	28%
Some of them	14%
A few of them	16%
None of them	2%
Sigma	100%

Base: All Qualified Respondents

Q3525. Generally speaking, do you feel it's harder to connect with people (e.g., talk with others, make friends, build relationships) today than in the past?

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	67%
Yes, a lot harder	30%
Yes, somewhat harder	37%
No	33%
Sigma	100%

Q3595. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same?

23 Sep 2024
Table 85

SUMMARY TABLE OF INCREASED

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Not in person (e.g., online, through social media, texting, etc.)	24%
In person	17%

Q3595. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same?

23 Sep 2024
Table 86

SUMMARY TABLE OF DECREASED

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
In person	29%
Not in person (e.g., online, through social media, texting, etc.)	16%

Q3595_1. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same?

23 Sep 2024
Table 87

Base: All Qualified Respondents

1. In person

Total	
Unweighted Base	3305
Weighted Base	3305
Increased	17%
Stayed the same	54%
Decreased	29%
Sigma	100%

Q3595_2. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same?

23 Sep 2024
Table 88

2. Not in person (e.g., online, through social media, texting, etc.)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Increased	24%
Stayed the same	60%
Decreased	16%
Sigma	100%

Q3600. Which of the following negative impacts related to your screentime, if any, are true for you? Please select all that apply.
By screentime we mean, the time you spend using devices such as a phone, tablet, computer, or other device with a screen.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ENGAGE IN SCREENTIME (NET)	94%
ANY (SUB-NET)	69%
I'm worried the amount of time children spend on screens will impact their ability to form relationships.	34%
I feel like I don't matter when someone is on their phone (e.g., texting, checking social media, etc.) while I am talking to them in person.	28%
I have lost hours to screentime without intending to.	28%
I'm distracted by my phone (e.g., texting, checking social media, etc.) even when talking with someone in person.	26%
I am worried that I am too dependent on my phone.	23%
I use my phone to avoid people.	21%
Some other negative impact	1%
None - I have not faced any negative impacts because of screentime	25%
N/A - I do not engage in screentime	6%
Sigma	192%

Q3600. Which of the following negative impacts related to your screentime, if any, are true for you? Please select all that apply.
By screentime we mean, the time you spend using devices such as a phone, tablet, computer, or other device with a screen.

Base: Engage In Screentime

	Total
Unweighted Base	3118
Weighted Base	3101
ANY (NET)	73%
I'm worried the amount of time children spend on screens will impact their ability to form relationships.	36%
I feel like I don't matter when someone is on their phone (e.g., texting, checking social media, etc.) while I am talking to them in person.	30%
I have lost hours to screentime without intending to.	30%
I'm distracted by my phone (e.g., texting, checking social media, etc.) even when talking with someone in person.	27%
I am worried that I am too dependent on my phone.	24%
I use my phone to avoid people.	23%
Some other negative impact	1%
None - I have not faced any negative impacts because of screentime	27%
Sigma	198%

Q3601. Which of the following , if any, are true for you as it relates to social media? Please select all that apply.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
USE SOCIAL MEDIA (NET)	90%
ANY (SUB-NET)	67%
I have unfollowed accounts to avoid certain content.	36%
I don't know what to believe on social media.	31%
I find that I compare myself to others when using social media.	21%
I have deleted some or all my social media accounts.	19%
I feel pressure to stay connected with what's going on (e.g., on social media, the news, etc.).	19%
I have quit using social media because of negative content.	14%
None of the above	23%
N/A - I do not use social media	10%
Sigma	172%

Q3601. Which of the following , if any, are true for you as it relates to social media? Please select all that apply.

Base: Use Social Media

Total	
Unweighted Base	3038
Weighted Base	2969
ANY (NET)	75%
I have unfollowed accounts to avoid certain content.	40%
I don't know what to believe on social media.	34%
I find that I compare myself to others when using social media.	23%
I have deleted some or all my social media accounts.	21%
I feel pressure to stay connected with what's going on (e.g., on social media, the news, etc.).	21%
I have quit using social media because of negative content.	16%
None of the above	25%
Sigma	181%

Q3611. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
Social media is making people less empathetic.		76%
The overall quality of my social interaction(s) could be better.		69%
I get enough social interaction in my life.		68%
I find that social media can be a helpful way to de-stress.		57%
I find myself filling my time scrolling through social media without realizing it.		54%

Q3611. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
I find myself filling my time scrolling through social media without realizing it.		46%
I find that social media can be a helpful way to de-stress.		43%
I get enough social interaction in my life.		32%
The overall quality of my social interaction(s) could be better.		31%
Social media is making people less empathetic.		24%

Q3611_1. How much do you agree or disagree with each of the following statements?

1. I find that social media can be a helpful way to de-stress.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		57%
Strongly agree		13%
Somewhat agree		44%
BOTTOM 2 BOX (NET)		43%
Somewhat disagree		24%
Strongly disagree		19%
Sigma		100%

Q3611_2. How much do you agree or disagree with each of the following statements?
2. I find myself filling my time scrolling through social media without realizing it.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	54%
Strongly agree	18%
Somewhat agree	36%
BOTTOM 2 BOX (NET)	46%
Somewhat disagree	21%
Strongly disagree	25%
Sigma	100%

Q3611_3. How much do you agree or disagree with each of the following statements?
3. I get enough social interaction in my life.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	68%
Strongly agree	26%
Somewhat agree	42%
BOTTOM 2 BOX (NET)	32%
Somewhat disagree	23%
Strongly disagree	9%
Sigma	100%

Q3611_4. How much do you agree or disagree with each of the following statements?

4. The overall quality of my social interaction(s) could be better.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		69%
Strongly agree		22%
Somewhat agree		47%
BOTTOM 2 BOX (NET)		31%
Somewhat disagree		21%
Strongly disagree		11%
Sigma		100%

Q3611_5. How much do you agree or disagree with each of the following statements?

5. Social media is making people less empathetic.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	76%
Strongly agree	31%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	24%
Somewhat disagree	18%
Strongly disagree	6%
Sigma	100%

Q3611. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: Use Social Media

	Total
Unweighted Base	3038
Weighted Base	2969
Social media is making people less empathetic.	75%
The overall quality of my social interaction(s) could be better.	71%
I get enough social interaction in my life.	68%
I find that social media can be a helpful way to de-stress.	62%
I find myself filling my time scrolling through social media without realizing it.	59%

Q3611. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: Use Social Media

	Total
Unweighted Base	3038
Weighted Base	2969
I find myself filling my time scrolling through social media without realizing it.	41%
I find that social media can be a helpful way to de-stress.	38%
I get enough social interaction in my life.	32%
The overall quality of my social interaction(s) could be better.	29%
Social media is making people less empathetic.	25%

Q3611_1. How much do you agree or disagree with each of the following statements?

1. I find that social media can be a helpful way to de-stress.

Base: Use Social Media

Total	
Unweighted Base	3038
Weighted Base	2969
TOP 2 BOX (NET)	62%
Strongly agree	14%
Somewhat agree	48%
BOTTOM 2 BOX (NET)	38%
Somewhat disagree	24%
Strongly disagree	14%
Sigma	100%

Q3611_2. How much do you agree or disagree with each of the following statements?
2. I find myself filling my time scrolling through social media without realizing it.

Base: Use Social Media

Total	
Unweighted Base	3038
Weighted Base	2969
TOP 2 BOX (NET)	59%
Strongly agree	19%
Somewhat agree	40%
BOTTOM 2 BOX (NET)	41%
Somewhat disagree	22%
Strongly disagree	19%
Sigma	100%

Q3611_3. How much do you agree or disagree with each of the following statements?
3. I get enough social interaction in my life.

Base: Use Social Media

Total	
Unweighted Base	3038
Weighted Base	2969
TOP 2 BOX (NET)	68%
Strongly agree	25%
Somewhat agree	42%
BOTTOM 2 BOX (NET)	32%
Somewhat disagree	23%
Strongly disagree	9%
Sigma	100%

Q3611_4. How much do you agree or disagree with each of the following statements?
4. The overall quality of my social interaction(s) could be better.

Base: Use Social Media

Total	
Unweighted Base	3038
Weighted Base	2969
TOP 2 BOX (NET)	71%
Strongly agree	23%
Somewhat agree	48%
BOTTOM 2 BOX (NET)	29%
Somewhat disagree	20%
Strongly disagree	9%
Sigma	100%

Q3611_5. How much do you agree or disagree with each of the following statements?

5. Social media is making people less empathetic.

Base: Use Social Media

Total	
Unweighted Base	3038
Weighted Base	2969
TOP 2 BOX (NET)	75%
Strongly agree	29%
Somewhat agree	46%
BOTTOM 2 BOX (NET)	25%
Somewhat disagree	19%
Strongly disagree	6%
Sigma	100%

Q3612. Do you have any close relationships (i.e., people you can trust and rely on) with people who do not share your values?

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
EVER (NET)		82%
Yes, I currently have close relationships with people who do not share my values		53%
No, I do not currently have close relationships with people who do not share my values, but I did in the past		29%
No, I have never had close relationships with people who do not share my values		18%
NO/NOT CURRENTLY (NET)		47%
Sigma		100%

Base: All Qualified Respondents

Q3615. Which of the following statements comes closest to your view?

		Total
Unweighted Base		3305
Weighted Base		3305
I would rather avoid interacting with people who do not share my values.		36%
I am fine with interacting with people who do not share my values, even if it leads to conflict or a disagreement.		64%
Sigma		100%

Q3620. Which of the following people, if any, have you ever ended a relationship with due to a disagreement about values? Please select all that apply.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
EVER ENDED RELATIONSHIP WITH ANYONE (NET)	62%
Friend	33%
FAMILY (SUB-NET)	28%
Sibling	13%
Parent(s)	11%
Adult child	5%
Other family members (e.g., grandparent(s), aunt(s)/uncle(s), cousin(s), etc.)	14%
Acquaintance	24%
Spouse/romantic partner	16%
Classmate	14%
Colleague	14%
Neighbor(s)	12%
Member(s) of my religious community	7%
Other	1%
None - I have never ended a relationship due to a disagreement about values (e.g., political, social, environmental, etc.)	38%
Sigma	200%

Q3630. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 110

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
I feel comfortable sharing my political opinions with others.	65%
I enjoy interacting with people who do not share my values.	56%
My political views are an important part of my identity.	54%
Tension around social and political topics makes me less likely to want to connect with people in general.	50%
I wouldn't date someone who didn't share the same political opinions as me.	46%
I have a hard time having a civil conversation about politics with people who have different values than me.	41%
'Cancel culture' makes me afraid to speak out about what I believe in.	38%
I don't know how to have a relationship with someone who does not share my values.	32%
I limit my time with family because we don't share the same values.	30%
I have nothing in common with people who have different political opinions than me.	28%

Q3630. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 111

SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
I have nothing in common with people who have different political opinions than me.	72%
I limit my time with family because we don't share the same values.	70%
I don't know how to have a relationship with someone who does not share my values.	68%
"Cancel culture" makes me afraid to speak out about what I believe in.	62%
I have a hard time having a civil conversation about politics with people who have different values than me.	59%
I wouldn't date someone who didn't share the same political opinions as me.	54%
Tension around social and political topics makes me less likely to want to connect with people in general.	50%
My political views are an important part of my identity.	46%
I enjoy interacting with people who do not share my values.	44%
I feel comfortable sharing my political opinions with others.	35%

Q3630_1. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 112

Base: All Qualified Respondents

1. I limit my time with family because we don't share the same values.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	30%
Strongly agree	10%
Somewhat agree	20%
BOTTOM 2 BOX (NET)	70%
Somewhat disagree	26%
Strongly disagree	45%
Sigma	100%

Q3630_2. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 113

2. I have a hard time having a civil conversation about politics with people who have different values than me.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	41%
Strongly agree	12%
Somewhat agree	29%
BOTTOM 2 BOX (NET)	59%
Somewhat disagree	36%
Strongly disagree	23%
Sigma	100%

Q3630_3. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 114

3. I wouldn't date someone who didn't share the same political opinions as me.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	46%
Strongly agree	18%
Somewhat agree	28%
BOTTOM 2 BOX (NET)	54%
Somewhat disagree	30%
Strongly disagree	24%
Sigma	100%

Q3630_4. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 115

Base: All Qualified Respondents

4. I enjoy interacting with people who do not share my values.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	56%
Strongly agree	13%
Somewhat agree	42%
BOTTOM 2 BOX (NET)	44%
Somewhat disagree	33%
Strongly disagree	12%
Sigma	100%

Q3630_5. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 116

Base: All Qualified Respondents

5. I feel comfortable sharing my political opinions with others.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	65%
Strongly agree	22%
Somewhat agree	42%
BOTTOM 2 BOX (NET)	35%
Somewhat disagree	24%
Strongly disagree	11%
Sigma	100%

Q3630_6. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 117

6. I have nothing in common with people who have different political opinions than me.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	28%
Strongly agree	9%
Somewhat agree	19%
BOTTOM 2 BOX (NET)	72%
Somewhat disagree	40%
Strongly disagree	31%
Sigma	100%

Q3630_7. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 118

7. "Cancel culture" makes me afraid to speak out about what I believe in.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	38%
Strongly agree	11%
Somewhat agree	27%
BOTTOM 2 BOX (NET)	62%
Somewhat disagree	30%
Strongly disagree	32%
Sigma	100%

Q3630_8. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 119

8. Tension around social and political topics makes me less likely to want to connect with people in general.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	50%
Strongly agree	13%
Somewhat agree	37%
BOTTOM 2 BOX (NET)	50%
Somewhat disagree	31%
Strongly disagree	19%
Sigma	100%

Q3630_9. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 120

9. I don't know how to have a relationship with someone who does not share my values.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	32%
Strongly agree	9%
Somewhat agree	23%
BOTTOM 2 BOX (NET)	68%
Somewhat disagree	37%
Strongly disagree	31%
Sigma	100%

Q3630_10. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others?

23 Sep 2024
Table 121

Base: All Qualified Respondents

10. My political views are an important part of my identity.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	54%
Strongly agree	18%
Somewhat agree	36%
BOTTOM 2 BOX (NET)	46%
Somewhat disagree	26%
Strongly disagree	21%
Sigma	100%

Q3635. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 122

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
It is important to learn how to maintain a relationship with others, regardless of whether they share the same values as you.	85%
Differing values and opinions are beneficial to our society.	84%
It worries me that people may be basing their values and opinions on false or inaccurate information.	82%
Being able to have conversations with people who don't share the same values is important.	82%
We have lost the ability, as a society, to have civil disagreements.	80%
I'm concerned that people with opinions that aren't mainstream or popular are being silenced in society.	65%

Q3635. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 123

SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
I'm concerned that people with opinions that aren't mainstream or popular are being silenced in society.	35%
We have lost the ability, as a society, to have civil disagreements.	20%
Being able to have conversations with people who don't share the same values is important.	18%
It worries me that people may be basing their values and opinions on false or inaccurate information.	18%
Differing values and opinions are beneficial to our society.	16%
It is important to learn how to maintain a relationship with others, regardless of whether they share the same values as you.	15%

Q3635_1. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 124

Base: All Qualified Respondents

1. We have lost the ability, as a society, to have civil disagreements.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	80%
Strongly agree	36%
Somewhat agree	44%
BOTTOM 2 BOX (NET)	20%
Somewhat disagree	13%
Strongly disagree	7%
Sigma	100%

Q3635_2. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 125

2. I'm concerned that people with opinions that aren't mainstream or popular are being silenced in society.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	65%
Strongly agree	24%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	35%
Somewhat disagree	24%
Strongly disagree	10%
Sigma	100%

Q3635_3. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 126

3. Being able to have conversations with people who don't share the same values is important.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	82%
Strongly agree	37%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	18%
Somewhat disagree	14%
Strongly disagree	5%
Sigma	100%

Q3635_4. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 127

Base: All Qualified Respondents

4. Differing values and opinions are beneficial to our society.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	84%
Strongly agree	36%
Somewhat agree	48%
BOTTOM 2 BOX (NET)	16%
Somewhat disagree	11%
Strongly disagree	4%
Sigma	100%

Q3635_5. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 128

5. It worries me that people may be basing their values and opinions on false or inaccurate information.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	82%
Strongly agree	41%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	18%
Somewhat disagree	12%
Strongly disagree	6%
Sigma	100%

Q3635_6. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting?

23 Sep 2024
Table 129

6. It is important to learn how to maintain a relationship with others, regardless of whether they share the same values as you.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	85%
Strongly agree	40%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	15%
Somewhat disagree	11%
Strongly disagree	4%
Sigma	100%

Q3639. Overall, how much trust do you have in the U.S. government?

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	80%
A GREAT DEAL/SOME (SUB-NET)	46%
A great deal of trust	9%
Some trust	37%
Very little trust	34%
NO/VERY LITTLE TRUST (NET)	54%
Very little trust	34%
No trust at all	20%
Sigma	100%

Q3645. Do you currently watch/listen/read about politics/political news more, less, or about the same amount than you did in the last two U.S. presidential elections?

23 Sep 2024
Table 131

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Less	12%
About the same amount	53%
More	25%
N/A - I do not currently watch/listen/read about politics/political news nor did I in the last two presidential elections	10%
Sigma	100%

Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States?

23 Sep 2024
Table 132

SUMMARY TABLE OF WORSE

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Women's rights (i.e., rights that promote a position of legal and social equality of women with men)	36%
Race relations (i.e., relations between members or communities of different races)	35%
Digital rights (e.g., data privacy and rights, data ownership, etc.)	33%
Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)	31%
LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)	30%
Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)	21%

Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States?

23 Sep 2024
Table 133

SUMMARY TABLE OF ABOUT THE SAME

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)	62%
Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)	56%
Digital rights (e.g., data privacy and rights, data ownership, etc.)	53%
Race relations (i.e., relations between members or communities of different races)	50%
LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)	46%
Women's rights (i.e., rights that promote a position of legal and social equality of women with men)	44%

Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States?

23 Sep 2024
Table 134

SUMMARY TABLE OF BETTER

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)	23%
Women's rights (i.e., rights that promote a position of legal and social equality of women with men)	20%
Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)	17%
Race relations (i.e., relations between members or communities of different races)	15%
Digital rights (e.g., data privacy and rights, data ownership, etc.)	14%
Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)	14%

Q1161_1. In general, do you feel the following are getting worse, better, or are about the same in the United States?
1. Race relations (i.e., relations between members or communities of different races)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Worse	35%
About the same	50%
Better	15%
Sigma	100%

Q1161_2. In general, do you feel the following are getting worse, better, or are about the same in the United States?
2. LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Worse	30%
About the same	46%
Better	23%
Sigma	100%

Q1161_3. In general, do you feel the following are getting worse, better, or are about the same in the United States?
3. Women's rights (i.e., rights that promote a position of legal and social equality of women with men)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Worse	36%
About the same	44%
Better	20%
Sigma	100%

Q1161_4. In general, do you feel the following are getting worse, better, or are about the same in the United States?
4. Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Worse	21%
About the same	62%
Better	17%
Sigma	100%

Q1161_5. In general, do you feel the following are getting worse, better, or are about the same in the United States?
5. Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Worse	31%
About the same	56%
Better	14%
Sigma	100%

Q1161_6. In general, do you feel the following are getting worse, better, or are about the same in the United States?
6. Digital rights (e.g., data privacy and rights, data ownership, etc.)

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Worse	33%
About the same	53%
Better	14%
Sigma	100%

Q3225. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Our country's system of checks and balances isn't working.	72%
It causes me stress that politicians aren't talking about the things that are most important to me.	58%
It causes me stress that the news is not focusing on what is most important to me day-to-day.	52%
I feel my government representatives have my best interests in mind.	37%
I feel confident about the direction our country is going in.	35%
The political climate has caused strain between my family members and me.	32%

Q3225. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
The political climate has caused strain between my family members and me.	68%
I feel confident about the direction our country is going in.	65%
I feel my government representatives have my best interests in mind.	63%
It causes me stress that the news is not focusing on what is most important to me day-to-day.	48%
It causes me stress that politicians aren't talking about the things that are most important to me.	42%
Our country's system of checks and balances isn't working.	28%

Q3225_1. How much do you agree or disagree with each of the following statements?
1. It causes me stress that the news is not focusing on what is most important to me day-to-day.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		52%
Strongly agree		17%
Somewhat agree		35%
BOTTOM 2 BOX (NET)		48%
Somewhat disagree		30%
Strongly disagree		18%
Sigma		100%

Q3225_2. How much do you agree or disagree with each of the following statements?
2. It causes me stress that politicians aren't talking about the things that are most important to me.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	58%
Strongly agree	19%
Somewhat agree	39%
BOTTOM 2 BOX (NET)	42%
Somewhat disagree	28%
Strongly disagree	14%
Sigma	100%

Q3225_3. How much do you agree or disagree with each of the following statements?
3. I feel my government representatives have my best interests in mind.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	37%
Strongly agree	10%
Somewhat agree	28%
BOTTOM 2 BOX (NET)	63%
Somewhat disagree	33%
Strongly disagree	30%
Sigma	100%

Q3225_4. How much do you agree or disagree with each of the following statements?

4. I feel confident about the direction our country is going in.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	35%
Strongly agree	10%
Somewhat agree	25%
BOTTOM 2 BOX (NET)	65%
Somewhat disagree	31%
Strongly disagree	33%
Sigma	100%

Q3225_5. How much do you agree or disagree with each of the following statements?

5. The political climate has caused strain between my family members and me.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	32%
Strongly agree	9%
Somewhat agree	22%
BOTTOM 2 BOX (NET)	68%
Somewhat disagree	28%
Strongly disagree	40%
Sigma	100%

Q3225_6. How much do you agree or disagree with each of the following statements?

6. Our country's system of checks and balances isn't working.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	72%
Strongly agree	29%
Somewhat agree	43%
BOTTOM 2 BOX (NET)	28%
Somewhat disagree	21%
Strongly disagree	8%
Sigma	100%

Q1151. Please indicate the extent to which you agree or disagree with each of the following statements.

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
I don't think people in government care about me.	70%
I have more opportunities than people like me had in older generations.	68%
I feel like my rights are under attack.	64%
I feel like my vote matters.	62%
I feel protected by the laws in the United States.	57%
The state of the nation has made me consider moving to a different country.	41%
The political environment in my state has made me consider moving to a different state.	39%
Our children are going to inherit a better world than we did.	33%

Q1151. Please indicate the extent to which you agree or disagree with each of the following statements.

SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
Our children are going to inherit a better world than we did.		67%
The political environment in my state has made me consider moving to a different state.		61%
The state of the nation has made me consider moving to a different country.		59%
I feel protected by the laws in the United States.		43%
I feel like my vote matters.		38%
I feel like my rights are under attack.		36%
I have more opportunities than people like me had in older generations.		32%
I don't think people in government care about me.		30%

Q1151_1. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 151

1. I feel like my rights are under attack.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	64%
Strongly agree	26%
Somewhat agree	38%
BOTTOM 2 BOX (NET)	36%
Somewhat disagree	23%
Strongly disagree	13%
Sigma	100%

Q1151_2. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 152

2. The state of the nation has made me consider moving to a different country.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	41%
Strongly agree	16%
Somewhat agree	25%
BOTTOM 2 BOX (NET)	59%
Somewhat disagree	21%
Strongly disagree	38%
Sigma	100%

Q1151_3. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 153

Base: All Qualified Respondents

3. The political environment in my state has made me consider moving to a different state.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	39%
Strongly agree	15%
Somewhat agree	24%
BOTTOM 2 BOX (NET)	61%
Somewhat disagree	25%
Strongly disagree	36%
Sigma	100%

Q1151_4. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 154

4. I feel like my vote matters.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	62%
Strongly agree	28%
Somewhat agree	34%
BOTTOM 2 BOX (NET)	38%
Somewhat disagree	21%
Strongly disagree	17%
Sigma	100%

Q1151_5. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 155

Base: All Qualified Respondents

5. I don't think people in government care about me.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	70%
Strongly agree	31%
Somewhat agree	40%
BOTTOM 2 BOX (NET)	30%
Somewhat disagree	22%
Strongly disagree	8%
Sigma	100%

Q1151_6. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 156

Base: All Qualified Respondents

6. Our children are going to inherit a better world than we did.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	33%
Strongly agree	11%
Somewhat agree	22%
BOTTOM 2 BOX (NET)	67%
Somewhat disagree	36%
Strongly disagree	31%
Sigma	100%

Q1151_7. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 157

7. I feel protected by the laws in the United States.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	57%
Strongly agree	17%
Somewhat agree	40%
BOTTOM 2 BOX (NET)	43%
Somewhat disagree	28%
Strongly disagree	16%
Sigma	100%

Q1151_8. Please indicate the extent to which you agree or disagree with each of the following statements.

23 Sep 2024
Table 158

8. I have more opportunities than people like me had in older generations.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	68%
Strongly agree	21%
Somewhat agree	47%
BOTTOM 2 BOX (NET)	32%
Somewhat disagree	21%
Strongly disagree	12%
Sigma	100%

Q1090. Which of the following actions, if any, have you taken in the past year? Please select all that apply.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
DOING SOMETHING (NET)	60%
Spoken with family or friends to persuade them about a political or social view I held	32%
Signed a petition	25%
Shared or expressed my political or social views on social media	24%
Volunteered with an organization or for a cause I care about	16%
ATTENDED EVENT (SUB-NET)	12%
Attended a political rally or speech of any kind	8%
Attended an organized protest	6%
Engaged in advocacy/activism work in another way	7%
None of the above	40%
Sigma	159%

Base: All Qualified Respondents

Q1140A. Do you intend to vote in the 2024 U.S. presidential election?

Total	
Unweighted Base	3305
Weighted Base	3305
Yes	77%
No	13%
Don't know/Not sure	10%
Sigma	100%

Q3650. Which of the following words best describe your feelings regarding the 2024 presidential election? Please select all that apply.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
ANY (NET)		95%
Worry		43%
Hope		39%
Frustration		29%
Fear		27%
Skepticism		26%
Dread		23%
Excitement		20%
Exhaustion		18%
Confidence		17%
Disbelief		16%
Embarrassment		15%
Disinterest		9%
Other		1%
None		5%
Sigma		289%

Q3651. Which of the following, if any, are you stressed about as it relates to the 2024 presidential election? Please select all that apply.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	86%
IMPACT (SUB-NET)	58%
How my life will be impacted based on the results of the election	44%
How our democracy will be impacted based on the results of the election	43%
DIVISION (SUB-NET)	45%
Division between political parties	37%
Division within political parties	25%
Potential violence	39%
The quality of the candidates	38%
Trust in the election results	32%
The U.S. electoral system (i.e., the Electoral College, primaries, caucuses)	24%
The lack of third-party candidates	14%
Not being well represented by my party's candidate	12%
The impact on my relationships	9%
Other	2%
I am not stressed about anything as it relates to the 2024 presidential election	14%
Sigma	332%

Q3655. Thinking about the 2024 presidential election, are you experiencing more, less, or the same amount of stress compared with the previous presidential election in 2020?

23 Sep 2024
Table 163

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Less	5%
About the same amount	44%
More	36%
N/A - I am not experiencing any stress nor did I during the 2020 presidential election	15%
Sigma	100%

Q1085. Please indicate the extent to which you agree or disagree with the following statements.
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
This is the lowest point in our nation's history that I can remember.		67%
I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.		51%
I feel, on the whole, my community is improving.		49%
I feel our country is on the path to being stronger than ever.		38%

Q1085. Please indicate the extent to which you agree or disagree with the following statements.
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
I feel our country is on the path to being stronger than ever.		62%
I feel, on the whole, my community is improving.		51%
I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.		49%
This is the lowest point in our nation's history that I can remember.		33%

Q1085_5. Please indicate the extent to which you agree or disagree with the following statements.
5. I feel our country is on the path to being stronger than ever.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	38%
Strongly agree	12%
Somewhat agree	26%
BOTTOM 2 BOX (NET)	62%
Somewhat disagree	34%
Strongly disagree	29%
Sigma	100%

Q1085_6. Please indicate the extent to which you agree or disagree with the following statements.

6. I feel, on the whole, my community is improving.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	49%
Strongly agree	10%
Somewhat agree	39%
BOTTOM 2 BOX (NET)	51%
Somewhat disagree	34%
Strongly disagree	17%
Sigma	100%

Q1085_7. Please indicate the extent to which you agree or disagree with the following statements.

7. I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	51%
Strongly agree	14%
Somewhat agree	37%
BOTTOM 2 BOX (NET)	49%
Somewhat disagree	29%
Strongly disagree	19%
Sigma	100%

Q1085_8. Please indicate the extent to which you agree or disagree with the following statements.

8. This is the lowest point in our nation's history that I can remember.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	67%
Strongly agree	29%
Somewhat agree	38%
BOTTOM 2 BOX (NET)	33%
Somewhat disagree	22%
Strongly disagree	12%
Sigma	100%

Q3660. Did either the 2016 or 2020 presidential elections have a negative impact on any of your relationships? Please select all that apply.

23 Sep 2024
Table 170

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	34%
Yes, the 2016 presidential election	22%
Yes, the 2020 presidential election	25%
No	66%
2016 AND 2020 (NET)	13%
Sigma	113%

Q3665. Which of the following actions, if any, did you take in relation to the negative impact of the 2016 and/or 2020 election on any of your relationships?

23 Sep 2024
Table 171

Base: 2016 And/Or 2020 Presidential Election Had Negative Impact On Relationships

	Total
Unweighted Base	1171
Weighted Base	1139
ANY (NET)	79%
Avoided discussing the election	39%
Asked them to stop talking about certain topics with/around me	27%
Unfriended/unfollowed them on social media	26%
Avoided getting together with them in-person	25%
Avoided talking with them via calls/texts	21%
Muted/hid them on social media	21%
Blocked them on social media	20%
Cut off all ties/communication with them	20%
Other	2%
None - I didn't take any action in relation to the impact the election had on my relationships	21%
Sigma	222%

Q3667. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 172

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
This election season has been a rollercoaster.	82%
I am worried the election results could lead to violence.	72%
America will be able to move on, regardless of the results of the 2024 presidential election.	64%
I feel hopeful about the change this election is going to bring.	61%
I feel hopeful that this election will lead to a more inclusive society.	59%
The 2024 presidential election could be the end of democracy in the U.S.	56%
The uncertainty about the election is causing me stress.	51%
I have to vote for a candidate I do not fully support.	43%
I am confident that the U.S. 2024 presidential election will go smoothly.	42%
I haven't felt this excited about an election in years.	42%
Stress about the election keeps me awake at night.	25%

Q3667. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 173

SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Stress about the election keeps me awake at night.	75%
I haven't felt this excited about an election in years.	58%
I am confident that the U.S. 2024 presidential election will go smoothly.	58%
I have to vote for a candidate I do not fully support.	57%
The uncertainty about the election is causing me stress.	49%
The 2024 presidential election could be the end of democracy in the U.S.	44%
I feel hopeful that this election will lead to a more inclusive society.	41%
I feel hopeful about the change this election is going to bring.	39%
America will be able to move on, regardless of the results of the 2024 presidential election.	36%
I am worried the election results could lead to violence.	28%
This election season has been a rollercoaster.	18%

Q3667_1. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 174

1. The 2024 presidential election could be the end of democracy in the U.S.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	56%
Strongly agree	23%
Somewhat agree	33%
BOTTOM 2 BOX (NET)	44%
Somewhat disagree	25%
Strongly disagree	19%
Sigma	100%

Q3667_2. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 175

2. America will be able to move on, regardless of the results of the 2024 presidential election.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	64%
Strongly agree	19%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	36%
Somewhat disagree	24%
Strongly disagree	12%
Sigma	100%

Q3667_3. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 176

Base: All Qualified Respondents

3. I have to vote for a candidate I do not fully support.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	43%
Strongly agree	16%
Somewhat agree	27%
BOTTOM 2 BOX (NET)	57%
Somewhat disagree	21%
Strongly disagree	36%
Sigma	100%

Q3667_4. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 177

Base: All Qualified Respondents

4. I am confident that the U.S. 2024 presidential election will go smoothly.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	42%
Strongly agree	14%
Somewhat agree	28%
BOTTOM 2 BOX (NET)	58%
Somewhat disagree	35%
Strongly disagree	22%
Sigma	100%

Q3667_5. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 178

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	72%
Strongly agree	26%
Somewhat agree	46%
BOTTOM 2 BOX (NET)	28%
Somewhat disagree	17%
Strongly disagree	11%
Sigma	100%

Q3667_6. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 179

Base: All Qualified Respondents

6. Stress about the election keeps me awake at night.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	25%
Strongly agree	8%
Somewhat agree	17%
BOTTOM 2 BOX (NET)	75%
Somewhat disagree	26%
Strongly disagree	49%
Sigma	100%

Q3667_8. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 180

8. I feel hopeful about the change this election is going to bring.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	61%
Strongly agree	20%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	39%
Somewhat disagree	23%
Strongly disagree	16%
Sigma	100%

Q3667_9. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 181

Base: All Qualified Respondents

9. I feel hopeful that this election will lead to a more inclusive society.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	59%
Strongly agree	19%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	41%
Somewhat disagree	25%
Strongly disagree	16%
Sigma	100%

Q3667_10. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 182

Base: All Qualified Respondents

10. The uncertainty about the election is causing me stress.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	51%
Strongly agree	15%
Somewhat agree	37%
BOTTOM 2 BOX (NET)	49%
Somewhat disagree	26%
Strongly disagree	23%
Sigma	100%

Q3667_11. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 183

Base: All Qualified Respondents

11. I haven't felt this excited about an election in years.

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	42%
Strongly agree	15%
Somewhat agree	27%
BOTTOM 2 BOX (NET)	58%
Somewhat disagree	26%
Strongly disagree	33%
Sigma	100%

Q3667_12. How much do you agree or disagree with each of the following statements about politics and government in the United States?

23 Sep 2024
Table 184

12. This election season has been a rollercoaster.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	82%
Strongly agree	37%
Somewhat agree	44%
BOTTOM 2 BOX (NET)	18%
Somewhat disagree	12%
Strongly disagree	6%
Sigma	100%

Base: All Qualified Respondents

Q3675. Which of the following, if any, are true for you? Please select all that apply.

	Total
Unweighted Base	3305
Weighted Base	3305
I have believed something I read online or on social media when it wasn't real or accurate information.	21%
I plan to avoid social media during the election season.	19%
I only have certain types of social media accounts (e.g., Twitter/X but not Facebook) because of political leanings.	19%
I have stopped watching, reading, or listening to the news altogether.	19%
Social media content about politics has negatively impacted my mental health.	15%
None of the above	42%
Sigma	134%

Base: All Qualified Respondents

Q3690. Changing topics, have you ever learned about how to identify misinformation?

Total	
Unweighted Base	3305
Weighted Base	3305
Yes	46%
No	30%
Not sure	24%
Sigma	100%

Base: All Qualified Respondents

Q3695. How confident are you in your ability to identify misinformation?

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	73%
Very confident	18%
Somewhat confident	55%
BOTTOM 2 BOX (NET)	27%
Not very confident	21%
Not at all confident	5%
Sigma	100%

Q3705. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)

Base: Variable Bases

	Total
I don't feel I can trust someone who shares misinformation in a conversation, online, etc.	78%
I always verify information/sources I read/watch/listen to.	76%
I'm worried my child(ren) don't know how to identify what information is real or not. [FOR PARENTS]	74%
It is stressful to know how real fake information can look/seem.	73%
I would call someone out for sharing what I believe is misinformation (e.g., in a conversation, online, etc.).	71%
I am not sure how to protect my child(ren) from misinformation. [FOR PARENTS]	58%
I am concerned about unknowingly spreading misinformation (e.g., unknowingly sharing a post with misinformation, citing misinformation in a conversation or work, etc.).	56%
My personal relationships have been impacted negatively because of misinformation.	35%

Q3705. How much do you agree or disagree with each of the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)

Base: Variable Bases

	Total
My personal relationships have been impacted negatively because of misinformation.	65%
I am concerned about unknowingly spreading misinformation (e.g., unknowingly sharing a post with misinformation, citing misinformation in a conversation or work, etc.).	44%
I am not sure how to protect my child(ren) from misinformation. [FOR PARENTS]	42%
I would call someone out for sharing what I believe is misinformation (e.g., in a conversation, online, etc.).	29%
It is stressful to know how real fake information can look/seem.	27%
I'm worried my child(ren) don't know how to identify what information is real or not. [FOR PARENTS]	26%
I always verify information/sources I read/watch/listen to.	24%
I don't feel I can trust someone who shares misinformation in a conversation, online, etc.	22%

Q3705_1. How much do you agree or disagree with each of the following statements?

1. I am concerned about unknowingly spreading misinformation (e.g., unknowingly sharing a post with misinformation, citing misinformation in a conversation or work, etc.).

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	56%
Strongly agree	18%
Somewhat agree	38%
BOTTOM 2 BOX (NET)	44%
Somewhat disagree	25%
Strongly disagree	19%
Sigma	100%

Q3705_2. How much do you agree or disagree with each of the following statements?

2. I always verify information/sources I read/watch/listen to.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	76%
Strongly agree	28%
Somewhat agree	48%
BOTTOM 2 BOX (NET)	24%
Somewhat disagree	18%
Strongly disagree	6%
Sigma	100%

Q3705_3. How much do you agree or disagree with each of the following statements?
3. I would call someone out for sharing what I believe is misinformation (e.g., in a conversation, online, etc.).

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	71%
Strongly agree	26%
Somewhat agree	46%
BOTTOM 2 BOX (NET)	29%
Somewhat disagree	20%
Strongly disagree	9%
Sigma	100%

Q3705_4. How much do you agree or disagree with each of the following statements?
4. I don't feel I can trust someone who shares misinformation in a conversation, online, etc.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		78%
Strongly agree		32%
Somewhat agree		46%
BOTTOM 2 BOX (NET)		22%
Somewhat disagree		16%
Strongly disagree		6%
Sigma		100%

Q3705_5. How much do you agree or disagree with each of the following statements?
5. My personal relationships have been impacted negatively because of misinformation.

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
TOP 2 BOX (NET)		35%
Strongly agree		10%
Somewhat agree		24%
BOTTOM 2 BOX (NET)		65%
Somewhat disagree		30%
Strongly disagree		35%
Sigma		100%

Q3705_6. How much do you agree or disagree with each of the following statements?
6. It is stressful to know how real fake information can look/seem.

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
TOP 2 BOX (NET)	73%
Strongly agree	27%
Somewhat agree	46%
BOTTOM 2 BOX (NET)	27%
Somewhat disagree	17%
Strongly disagree	10%
Sigma	100%

Q3705_7. How much do you agree or disagree with each of the following statements?

7. I am not sure how to protect my child(ren) from misinformation.

Base: Parents

Total	
Unweighted Base	1091
Weighted Base	963
TOP 2 BOX (NET)	58%
Strongly agree	19%
Somewhat agree	39%
BOTTOM 2 BOX (NET)	42%
Somewhat disagree	25%
Strongly disagree	17%
Sigma	100%

Q3705_8. How much do you agree or disagree with each of the following statements?
8. I'm worried my child(ren) don't know how to identify what information is real or not.

Base: Parents

Total	
Unweighted Base	1091
Weighted Base	963
TOP 2 BOX (NET)	74%
Strongly agree	33%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	26%
Somewhat disagree	17%
Strongly disagree	9%
Sigma	100%

Base: All Qualified Respondents Age 18+

Q1220 and Q1222. BMI

	Total
Unweighted Base	3305
Weighted Base	3305
Underweight	7%
Normal weight	35%
Overweight	30%
Obesity	23%
Decline to answer	7%
MEAN	34.4
STD. DEV.	194.51
STD. ERR.	3.49
MEDIAN	26
Sigma	100%

Base: All Qualified Respondents

Q2000. Which of the following best describes the area where you currently reside?

Total	
Unweighted Base	3305
Weighted Base	3305
In a suburban area next to a city	47%
In an urban or city area	32%
In a small town or rural area	21%
Sigma	100%

Q3055. Do you currently...?

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
Own your own home and pay mortgage on your own or with a spouse	32%
Own your home and are not paying a mortgage	24%
Rent on your own	16%
Rent with someone else	12%
Live in your parents' home	8%
Own your home and pay mortgage with others (excluding a spouse)	4%
Live in your adult children's home	1%
Live in a dorm/ Live in college/university housing or apartment for the majority of the year (i.e., during the school year) - [Respondents In School]	*
Other	2%
Sigma	100%

Q6521. Which of the following income categories best describes your total 2023 household income before taxes?

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
\$15,000 or less	6%
\$15,001-\$29,160	7%
\$29,161-\$39,440	6%
\$39,441-\$49,720	6%
\$49,721-\$60,000	9%
\$60,001-\$70,280	6%
\$70,281-\$80,560	6%
\$80,561-\$90,840	4%
\$90,841-\$101,120	7%
\$101,121-\$111,400	6%
\$111,401-\$121,680	4%
\$121,681-\$131,960	5%
\$131,961-\$142,240	3%
\$142,241-\$152,520	6%
\$152,521-\$162,800	3%
\$162,801-\$175,000	2%
\$175,001-\$200,000	4%
\$200,001-\$225,000	3%
\$225,001-\$250,000	2%
\$250,001-\$275,000	1%
\$275,001-\$300,000	*
\$300,001-\$325,000	*
\$325,001-\$350,000	*
\$350,001-\$375,000	*
\$375,001-\$400,000	*
\$400,001-\$425,000	*
\$425,001-\$450,000	*
\$450,001-\$475,000	*
\$475,001-\$500,000	*
\$500,001 or more	1%
Not sure	2%
Decline to answer	2%
Sigma	100%

Q6522. POVERTY LEVEL

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
200% POVERTY OR BELOW	23%
ABOVE 200% LEVEL	73%
NOT SURE/DECLINE TO ANSWER	4%
Sigma	100%

Base: All Qualified Respondents

Q498. Of the following, which do you consider yourself to be?

Total	
Unweighted Base	3305
Weighted Base	3305
Heterosexual (straight)	87%
LGBTQIA+ (NET)	10%
Bisexual	5%
Gay	2%
Lesbian	1%
Pansexual	1%
Queer	*
Asexual	1%
Other sexual orientation	*
Not sure	1%
Decline to answer	2%
Sigma	100%

Q1550. Do you, or does anyone in your household, have any of the following conditions?
SUMMARY TABLE OF YES, MYSELF ONLY

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	24%
A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying	13%
A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating	10%
Deafness or hard of hearing in either ear	9%
Blindness or a severe visual impairment in either eye	5%

Q1550. Do you, or does anyone in your household, have any of the following conditions?

SUMMARY TABLE OF YES

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	40%
A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying	25%
A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating	24%
Deafness or hard of hearing in either ear	21%
Blindness or a severe visual impairment in either eye	13%

Q1550. Do you, or does anyone in your household, have any of the following conditions?

SUMMARY TABLE OF NO

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
ANY (NET)		91%
Blindness or a severe visual impairment in either eye		85%
Deafness or hard of hearing in either ear		78%
A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating		74%
A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying		73%

Q1550_1. Do you, or does anyone in your household, have any of the following conditions?
1. Blindness or a severe visual impairment in either eye

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	13%
Yes, myself only	5%
Yes, both myself and someone else	3%
Yes, someone else only	5%
No	85%
Decline to answer	1%
Sigma	100%

Q1550_2. Do you, or does anyone in your household, have any of the following conditions?
2. Deafness or hard of hearing in either ear

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	21%
Yes, myself only	9%
Yes, both myself and someone else	4%
Yes, someone else only	8%
No	78%
Decline to answer	1%
Sigma	100%

Q1550_3. Do you, or does anyone in your household, have any of the following conditions?

3. A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	25%
Yes, myself only	13%
Yes, both myself and someone else	5%
Yes, someone else only	7%
No	73%
Decline to answer	2%
Sigma	100%

Q1550_4. Do you, or does anyone in your household, have any of the following conditions?

4. A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	24%
Yes, myself only	10%
Yes, both myself and someone else	7%
Yes, someone else only	7%
No	74%
Decline to answer	2%
Sigma	100%

Q2106. Have you ever been diagnosed with any of the following? Please select all that apply.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	39%
Anxiety disorder (such as generalized anxiety disorder, social anxiety disorder, or panic attacks)	25%
Depression (including major depressive disorder)	24%
Sleep disorder (such as insomnia or hypersomnia)	8%
Attention-deficit/hyperactivi ty disorder (ADD/ADHD)	8%
Addiction (such as substance use or gambling)	8%
Post-traumatic stress disorder (PTSD)	7%
Bipolar disorder	7%
Obsessive-compulsive disorder (OCD)	5%
Eating disorder (such as anorexia, bulimia nervosa, or binge eating)	5%
Autism spectrum disorder	3%
Personality disorder (such as borderline personality disorder, anti-social personality disorder, or dependent personality disorder)	3%
Impulse control disorder	3%
Schizophrenia	2%
Tic disorder	1%
Other mental health disorder	2%
I have not been diagnosed with a mental health disorder but think that I may have one	3%
I have not been diagnosed with a mental health disorder	55%
Decline to answer	5%
Sigma	170%

Q1540. Have you ever received treatment or therapy from a psychologist or other mental health professional?

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
YES (NET)	34%
Yes, I am currently being treated or in therapy	16%
Yes, but I am not currently being treated or in therapy	17%
No	65%
Decline to answer	2%
Sigma	100%

Q1553 (Q31). What is the primary way you receive health insurance today?

Base: All Qualified Respondents

		Total
Unweighted Base		3305
Weighted Base		3305
Health insurance provided by current or former employer		28%
Medicare		25%
Medicaid		12%
Health insurance provided by family member's employer		12%
Individual insurance policy bought by myself/my family		8%
Veterans benefits (active military, veterans, TriCare, reserve, etc.)		2%
Health insurance provided to students		1%
Health insurance from an exchange		1%
Other		1%
I have health insurance, but I don't know what type of organization provides it and/or how it is obtained		3%
None: do not have health insurance		7%
Sigma		100%

Base: All Qualified Respondents

Q1554a. What political party are you currently registered as?

Total	
Unweighted Base	3305
Weighted Base	3305
Democrat	31%
Republican	28%
Independent	25%
Other	2%
I am not registered	10%
Decline to answer	4%
Sigma	100%

DMPOLAFF. Regardless of how you may vote, what do you usually consider yourself?

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Democrat	32%
Independent	30%
Republican	29%
Other	9%
Sigma	100%

Q1555a. In politics today, which of the following best describes your political ideology on most issues?

Base: All Qualified Respondents Age 18+

Total	
Unweighted Base	3305
Weighted Base	3305
CONSERVATIVE (NET)	30%
Strong Conservative	13%
Somewhat Conservative	18%
Moderate	34%
LIBERAL (NET)	25%
Somewhat Liberal	15%
Strong Liberal	11%
None of the above/not sure	7%
Decline to answer	4%
Sigma	100%

Q1560. What is your present religion, if any?

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
ANY (NET)	77%
Roman Catholic	23%
Protestant	22%
Atheist	5%
Agnostic	5%
Jewish	3%
Muslim	2%
Buddhist	2%
Mormon	1%
Orthodox	1%
Hindu	1%
Something else	11%
Nothing in particular	23%
Sigma	100%

Base: All Qualified Respondents

Q1554. Which of the following best describes you?

Total	
Unweighted Base	3305
Weighted Base	3305
I was born outside of the U.S.	12%
I was born in the U.S.	87%
Decline to answer	1%
Sigma	100%

Base: All Qualified Respondents

Q1555. Which of the following best describes your parents?

		Total
Unweighted Base		3305
Weighted Base		3305
One of my parents was born outside of the U.S.		8%
Both of my parents were born outside of the U.S.		15%
Both of my parents were born in the U.S.		73%
Decline to answer		3%
Sigma		100%

Q1556. You mentioned you were born outside of the U.S. In which year did you move to the U.S.?

Base: Born Outside The US

		Total
Unweighted Base		594
Weighted Base		405
Before 1965		9%
1965-1969		3%
1970-1979		13%
1980-1989		12%
1990-1999		17%
2000-2009		19%
2010-2024		26%
Sigma		100%

Q1556. Count of Years Since Moved to U.S.

Base: Born Outside The US

Total	
Unweighted Base	594
Weighted Base	405
0	1%
1-2	7%
3-4	4%
5-7	5%
8-10	5%
11-15	6%
16-20	7%
More than 20 years	65%
Sigma	100%

Q1557. Which of the following best describes your status in the U.S.? Please keep in mind your results are confidential.

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
U.S. citizen	93%
Permanent resident / Lawful Permanent Resident (LPR) (e.g., Permanent Resident Alien, Permanent Resident Resident Alien, Resident Alien Permit Holder, and Green Card Holder)	4%
Lawful Permanent Resident (LPR) (e.g., Permanent Resident Alien, Permanent Resident Resident Alien, Resident Alien Permit Holder, and Green Card Holder)	-
Undocumented Individual	1%
Non-immigrant (e.g., visiting students, business visitors, or temporary protected status, etc.)	1%
Decline to answer	2%
Sigma	100%

Base: Latino/a Respondents

Q1570. Is English your native language?

Total	
Unweighted Base	720
Weighted Base	587
Yes	65%
No	35%
Sigma	100%

Base: Latino/a Respondents

QH1. Which language do you usually speak at home?

Total	
Unweighted Base	720
Weighted Base	587
Only Spanish	11%
Spanish more than English	12%
Spanish and English equally	27%
English more than Spanish	19%
Only English	28%
Decline to answer	2%
Sigma	100%

QH2. Would you say you can carry on a conversation in Spanish, both understanding and speaking...?

Base: Latino/a Respondents

Total	
Unweighted Base	720
Weighted Base	587
TOP 2 BOX (NET)	64%
Very well	44%
Pretty well	20%
BOTTOM 2 BOX (NET)	36%
Just a little	23%
Not at all	13%
Sigma	100%

QH3. Would you say you can carry on a conversation in English, both understanding and speaking...?

Base: Latino/a Respondents

Total	
Unweighted Base	720
Weighted Base	587
TOP 2 BOX (NET)	77%
Very well	59%
Pretty well	18%
BOTTOM 2 BOX (NET)	23%
Just a little	14%
Not at all	9%
Sigma	100%

Base: Latino/a Respondents

QH4. Would you say you can read a newspaper or book in Spanish...?

Total	
Unweighted Base	720
Weighted Base	587
TOP 2 BOX (NET)	64%
Very well	43%
Pretty well	21%
BOTTOM 2 BOX (NET)	36%
Just a little	19%
Not at all	17%
Sigma	100%

Base: Latino/a Respondents

QH5. Would you say you can read a newspaper or book in English...?

Total	
Unweighted Base	720
Weighted Base	587
TOP 2 BOX (NET)	79%
Very well	63%
Pretty well	16%
BOTTOM 2 BOX (NET)	21%
Just a little	14%
Not at all	7%
Sigma	100%

QH6. You indicated that you consider yourself Latino/a. From what country or region did you or your ancestors come?
Please select all that apply.

Base: Latino/a Respondents

Total	
Unweighted Base	720
Weighted Base	587
Mexico	44%
Central or South America	17%
Puerto Rico	15%
Cuba	8%
Another country or region	11%
Decline to answer	8%
Sigma	104%

Base: All Non-Latino/a Respondents

QA1. Which language do you usually speak at home?

Total	
Unweighted Base	2585
Weighted Base	2718
Only a language other than English	5%
Another language more than English	2%
Another language and English equally	2%
English more than another language	5%
Only English	85%
Decline to answer	*
Sigma	100%

Base: Speaks Other Than English Only

QA2. Would you say you can read a newspaper or book in English...?

Total	
Unweighted Base	491
Weighted Base	395
TOP 2 BOX (NET)	94%
Very well	83%
Pretty well	12%
BOTTOM 2 BOX (NET)	6%
Just a little	4%
Not at all	1%
Sigma	100%

QA3. Would you say you can carry on a conversation in English, both understanding and speaking...?

Base: Speaks Other Than English Only

Total	
Unweighted Base	491
Weighted Base	395
TOP 2 BOX (NET)	93%
Very well	80%
Pretty well	13%
BOTTOM 2 BOX (NET)	7%
Just a little	4%
Not at all	3%
Sigma	100%

QA4. You indicated that you consider yourself Asian. From what country or region did you or your ancestors come?
Please select all that apply.

Base: Asian Respondents

Total	
Unweighted Base	407
Weighted Base	219
China	29%
South Asia	21%
Japan	12%
Philippines	11%
Other Southeast Asia country	10%
Korea	10%
Arab world/West Asia	2%
Another country or region	5%
Decline to answer	3%
Sigma	104%

Base: All Qualified Respondents

US REGION: Census Region (US Net)

Total	
Unweighted Base	3305
Weighted Base	3305
Northeast	18%
Midwest	20%
South	39%
West	24%
Sigma	100%

EDUCATION: What is the highest level of education you have completed?

Base: All Qualified Respondents

	Total
Unweighted Base	3305
Weighted Base	3305
LESS THAN HIGH SCHOOL (NET)	7%
Less than high school	3%
Completed some high school	4%
HIGH SCHOOL TO LESS THAN 4 YEAR COLLEGE DEGREE (NET)	58%
High school graduate	31%
Job-specific training program(s) after high school	2%
Some college, but no degree	14%
Associate degree	10%
4 YEAR COLLEGE DEGREE OR MORE (NET)	36%
Bachelor's degree (such as B.A., B.S.)	23%
Some graduate school, but no degree	2%
Graduate degree (such as MBA, MS, M.D., Ph.D.)	12%
Sigma	100%

INCOME: How much total combined income did all members of your household earn before taxes last year?

Base: All Qualified Respondents

Total	
Unweighted Base	3305
Weighted Base	3305
Less than \$15,000	6%
\$15,000 to \$24,999	5%
\$25,000 to \$34,999	6%
\$35,000 to \$49,999	9%
\$50,000 to \$74,999	15%
\$75,000 to \$99,999	13%
\$100,000 OR MORE (NET)	43%
\$100,000 to \$124,999	14%
\$125,000 to \$149,999	11%
\$150,000 to \$199,999	10%
\$200,000 to \$249,999	4%
\$250,000 or more	4%
Prefer not to answer	4%
Sigma	100%

Page Table Title

1	1	Q268C. Gender
2	2	Q268D. Do you identify as transgender?
3	3	AGE: What is your age?
4	4	MARITAL STATUS: What is your current marital status?
5	5	ADULTS IN HH: Including yourself, how many people age 18 or older live in your household?
6	6	CHILDREN IN HH: How many people under the age of 18 live in your household?
7	7	HOUSEHOLD SIZE: Size of Household (Net)
8	8	Q3004. And, how many people under the age of 18 live in your household at least 50% of the time for whom you are the parent or guardian?
9	9	DMCAREGIVER. Have you ever or do you currently serve as a caregiver to a family member or friend? By 'caregiver', we mean providing paid or unpaid long-term care to a family member or friend with an episodic, permanent, or temporary condition who needs help taking care of themselves. Please do not consider basic duties of parenting.
10	10	EMPLOYMENT: Which of the following best describes your employment status?
11	11	RACE: What is your race?
12	12	Q2105. Have you ever been told by a healthcare provider that you have any of the following conditions? Please select all that apply.
13	13	Q2250. In general, would you say your physical health is ...
14	14	Q2255. In general, would you say your mental health is ...
15	15	Q605. Next we have some questions about stress. On a scale of 1 to 10, where 1 means you have "little or no stress" and 10 means you have "a great deal of stress," how would you rate your average level of stress during the past month?
16	16	Q625. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. SUMMARY TABLE OF SIGNIFICANT (TOP 2 BOX)
17	17	Q625. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. SUMMARY TABLE OF NOT SIGNIFICANT (BOTTOM 2 BOX)
18	18	Q625_1. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 1. Money
19	19	Q625_2. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 2. Work
20	20	Q625_4. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 4. Relationships (e.g., spouse, kids, girl/boyfriend)
21	21	Q625_5. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 5. Health problems (physical and/or mental) affecting my family
22	22	Q625_6. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 6. Family responsibilities
23	23	Q625_9. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 9. Job stability
24	24	Q625_10. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 10. Personal safety
25	25	Q625_11. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 11. Discrimination
26	26	Q625_14. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 14. My physical health
27	27	Q625_15. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 15. My mental health
28	28	Q3222. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. SUMMARY TABLE OF VERY/SOMEWHAT SIGNIFICANT (TOP 2 BOX)
29	29	Q3222. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. SUMMARY TABLE OF NOT AT ALL/NOT VERY SIGNIFICANT (BOTTOM 2 BOX)
30	30	Q3222_6. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 6. Violence and crime
31	31	Q3222_7. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 7. Global tension/conflict

Page Table Title

32	32	Q3222_8. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 8. Healthcare (e.g., access, affordability, finding time for appointments, etc.)
33	33	Q3222_9. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 9. Abortion laws
34	34	Q3222_10. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 10. Immigration
35	35	Q3222_13. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 13. The economy (e.g., inflation, unemployment rates, etc.)
36	36	Q3222_15. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 15. Education
37	37	Q3222_16. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 16. Social issues (i.e., issues related to race, sexual orientation, gender identity, religion, etc.)
38	38	Q3222_17. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 17. The environment (e.g., climate change, natural disasters, sustainability, etc.)
39	39	Q3222_18. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 18. Gun laws and regulations
40	40	Q3222_19. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life. 19. U.S. politics
41	41	Q3226. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. SUMMARY TABLE OF VERY/SOMEWHAT SIGNIFICANT (TOP 2 BOX)
42	42	Q3226. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. SUMMARY TABLE OF NOT AT ALL/NOT VERY SIGNIFICANT (BOTTOM 2 BOX)
43	43	Q3226_1. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 1. The Israel-Hamas war
44	44	Q3226_2. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 2. The 2024 U.S. presidential election
45	45	Q3226_3. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 3. The state of diversity, equity, and inclusion (DEI) practices
46	46	Q3226_4. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 4. Rise of artificial intelligence (AI)
47	47	Q3226_5. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 5. The spread of false news (e.g., misinformation, disinformation, deepfakes, etc.)
48	48	Q3226_6. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 6. Police violence toward minorities
49	49	Q3226_7. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 7. Housing costs (e.g., mortgage or rent)
50	50	Q3226_8. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 8. The future of our nation
51	51	Q3226_9. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 9. Social divisiveness in our nation
52	52	Q3226_10. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 10. The current state of race relations
53	53	Q3226_11. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 11. The current state of LGBTQ+ inclusivity and acceptance
54	54	Q3226_12. Now we would like you to think about specific news, topics, and events. For each one, please indicate how significant a source of stress it is in your life. 12. Mass shootings
55	55	Q810. Which of the following, if any, have you experienced in the last month as a result of stress? Please select all that apply.
56	56	Q3230. As a result of feeling stressed, have you... SUMMARY TABLE OF EVER
57	57	Q3230. As a result of feeling stressed, have you... SUMMARY TABLE OF IN THE PAST MONTH
58	58	Q3230_1. As a result of feeling stressed, have you... 1. Ignored/Didn't take care of my responsibilities at work, home, or school
59	59	Q3230_2. As a result of feeling stressed, have you... 2. Ignored/Didn't take care of myself
60	60	Q3230_3. As a result of feeling stressed, have you... 3. Canceled social plans (e.g., plans with friends or family)

Page Table Title

61	61	Q3230_4. As a result of feeling stressed, have you... 4. Skipped exercising or physical activity
62	62	Q3230_5. As a result of feeling stressed, have you... 5. Struggled/Had difficulty planning for the future
63	63	Q3230_6. As a result of feeling stressed, have you... 6. Struggled/Had difficulty making decisions
64	64	Q3230_7. As a result of feeling stressed, have you... 7. Lost patience or yelled at a stranger
65	65	Q3230_8. As a result of feeling stressed, have you... 8. Lost patience or yelled at a family member
66	66	Q3230_9. As a result of feeling stressed, have you... 9. Lost patience or yelled at a coworker
67	67	Q3230_10. As a result of feeling stressed, have you... 10. Experienced road rage (e.g., yelling, tailgating, purposely cutting off other cars)
68	68	Q3230_11. As a result of feeling stressed, have you... 11. Got into a physical altercation
69	69	Q3230_12. As a result of feeling stressed, have you... 12. Got into a verbal altercation
70	70	Q711A. How much do you agree or disagree that each of the following statements describes you? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
71	71	Q711A. How much do you agree or disagree that each of the following statements describes you? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
72	72	Q711A_1. How much do you agree or disagree that each of the following statements describes you? 1. I stay connected to family, friends, and others around me.
73	73	Q711A_2. How much do you agree or disagree that each of the following statements describes you? 2. I am lonely.
74	74	Q711A_3. How much do you agree or disagree that each of the following statements describes you? 3. If something were to happen to me, I have someone whom I can regularly rely on.
75	75	Q711A_4. How much do you agree or disagree that each of the following statements describes you? 4. If I needed advice, I have someone whom I can regularly rely on.
76	76	Q711A_5. How much do you agree or disagree that each of the following statements describes you? 5. I feel that I spend enough time involved in social activities.
77	77	Q711A_6. How much do you agree or disagree that each of the following statements describes you? 6. I have hobbies and interests that I regularly participate in.
78	78	Q711A_7. How much do you agree or disagree that each of the following statements describes you? 7. I feel that my relationships with others are not meaningful.
79	79	Q704. In the last 12 months, could you have used more emotional support than you received?
80	80	Q3560. How many close relationships do you currently have? When answering, please think about the people you feel you can trust and rely on. Your best estimate is fine.
81	81	Q975. In general, do you feel you have more, fewer, or about the same amount of close relationships (i.e., people you can trust and rely on) than you have had in the past?
82	82	Q3567 How do you most commonly interact with those you feel you have a close relationship with (e.g., spouse/partner, other romantic relationship, friend, family member, etc.)? Please select all that apply.
83	83	Q3580 Thinking about your close relationships (i.e., people you can trust and rely on), in general, how many would you describe as healthy relationships? By healthy relationships, we mean a relationship based on trust, honesty, and respect in which both people put forth effort to sustain the relationship.
84	84	Q3525. Generally speaking, do you feel it's harder to connect with people (e.g., talk with others, make friends, build relationships) today than in the past?
85	85	Q3595. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same? SUMMARY TABLE OF INCREASED
86	86	Q3595. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same? SUMMARY TABLE OF DECREASED
87	87	Q3595_1. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same? 1. In person
88	88	Q3595_2. Over the past two years, has the amount of time you spend connecting with people, in general, in each of the following ways increased, decreased, or stayed the same? 2. Not in person (e.g., online, through social media, texting, etc.)
89	89	Q3600. Which of the following negative impacts related to your screentime, if any, are true for you? Please select all that apply. By screentime we mean, the time you spend using devices such as a phone, tablet, computer, or other device with a screen.
90	90	Q3600. Which of the following negative impacts related to your screentime, if any, are true for you? Please select all that apply. By screentime we mean, the time you spend using devices such as a phone, tablet, computer, or other device with a screen.
91	91	Q3601. Which of the following , if any, are true for you as it relates to social media? Please select all that apply.
92	92	Q3601. Which of the following , if any, are true for you as it relates to social media? Please select all that apply.

Page Table Title

93	93	Q3611. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
94	94	Q3611. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
95	95	Q3611_1. How much do you agree or disagree with each of the following statements? 1. I find that social media can be a helpful way to de-stress.
96	96	Q3611_2. How much do you agree or disagree with each of the following statements? 2. I find myself filling my time scrolling through social media without realizing it.
97	97	Q3611_3. How much do you agree or disagree with each of the following statements? 3. I get enough social interaction in my life.
98	98	Q3611_4. How much do you agree or disagree with each of the following statements? 4. The overall quality of my social interaction(s) could be better.
99	99	Q3611_5. How much do you agree or disagree with each of the following statements? 5. Social media is making people less empathetic.
100	100	Q3611. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
101	101	Q3611. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
102	102	Q3611_1. How much do you agree or disagree with each of the following statements? 1. I find that social media can be a helpful way to de-stress.
103	103	Q3611_2. How much do you agree or disagree with each of the following statements? 2. I find myself filling my time scrolling through social media without realizing it.
104	104	Q3611_3. How much do you agree or disagree with each of the following statements? 3. I get enough social interaction in my life.
105	105	Q3611_4. How much do you agree or disagree with each of the following statements? 4. The overall quality of my social interaction(s) could be better.
106	106	Q3611_5. How much do you agree or disagree with each of the following statements? 5. Social media is making people less empathetic.
107	107	Q3612. Do you have any close relationships (i.e., people you can trust and rely on) with people who do not share your values?
108	108	Q3615. Which of the following statements comes closest to your view?
109	109	Q3620. Which of the following people, if any, have you ever ended a relationship with due to a disagreement about values? Please select all that apply.
110	110	Q3630. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
111	111	Q3630. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
112	112	Q3630_1. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 1. I limit my time with family because we don't share the same values.
113	113	Q3630_2. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 2. I have a hard time having a civil conversation about politics with people who have different values than me.
114	114	Q3630_3. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 3. I wouldn't date someone who didn't share the same political opinions as me.
115	115	Q3630_4. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 4. I enjoy interacting with people who do not share my values.
116	116	Q3630_5. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 5. I feel comfortable sharing my political opinions with others.
117	117	Q3630_6. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 6. I have nothing in common with people who have different political opinions than me.
118	118	Q3630_7. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 7. "Cancel culture" makes me afraid to speak out about what I believe in.
119	119	Q3630_8. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 8. Tension around social and political topics makes me less likely to want to connect with people in general.
120	120	Q3630_9. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 9. I don't know how to have a relationship with someone who does not share my values.
121	121	Q3630_10. How much do you agree or disagree with each of the following statements about how your values influence how you communicate and interact with others? 10. My political views are an important part of my identity.
122	122	Q3635. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
123	123	Q3635. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
124	124	Q3635_1. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? 1. We have lost the ability, as a society, to have civil disagreements.
125	125	Q3635_2. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? 2. I'm concerned that people with opinions that aren't mainstream or popular are being silenced in society.
126	126	Q3635_3. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? 3. Being able to have conversations with people who don't share the same values is important.

127	127	Q3635_4. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? 4. Differing values and opinions are beneficial to our society.
128	128	Q3635_5. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? 5. It worries me that people may be basing their values and opinions on false or inaccurate information.
129	129	Q3635_6. How much do you agree or disagree with each of the following statements about how values influence how others are communicating and interacting? 6. It is important to learn how to maintain a relationship with others, regardless of whether they share the same values as you.
130	130	Q3639. Overall, how much trust do you have in the U.S. government?
131	131	Q3645. Do you currently watch/listen/read about politics/political news more, less, or about the same amount than you did in the last two U.S. presidential elections?
132	132	Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States? SUMMARY TABLE OF WORSE
133	133	Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States? SUMMARY TABLE OF ABOUT THE SAME
134	134	Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States? SUMMARY TABLE OF BETTER
135	135	Q1161_1. In general, do you feel the following are getting worse, better, or are about the same in the United States? 1. Race relations (i.e., relations between members or communities of different races)
136	136	Q1161_2. In general, do you feel the following are getting worse, better, or are about the same in the United States? 2. LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)
137	137	Q1161_3. In general, do you feel the following are getting worse, better, or are about the same in the United States? 3. Women's rights (i.e., rights that promote a position of legal and social equality of women with men)
138	138	Q1161_4. In general, do you feel the following are getting worse, better, or are about the same in the United States? 4. Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)
139	139	Q1161_5. In general, do you feel the following are getting worse, better, or are about the same in the United States? 5. Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)
140	140	Q1161_6. In general, do you feel the following are getting worse, better, or are about the same in the United States? 6. Digital rights (e.g., data privacy and rights, data ownership, etc.)
141	141	Q3225. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
142	142	Q3225. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
143	143	Q3225_1. How much do you agree or disagree with each of the following statements? 1. It causes me stress that the news is not focusing on what is most important to me day-to-day.
144	144	Q3225_2. How much do you agree or disagree with each of the following statements? 2. It causes me stress that politicians aren't talking about the things that are most important to me.
145	145	Q3225_3. How much do you agree or disagree with each of the following statements? 3. I feel my government representatives have my best interests in mind.
146	146	Q3225_4. How much do you agree or disagree with each of the following statements? 4. I feel confident about the direction our country is going in.
147	147	Q3225_5. How much do you agree or disagree with each of the following statements? 5. The political climate has caused strain between my family members and me.
148	148	Q3225_6. How much do you agree or disagree with each of the following statements? 6. Our country's system of checks and balances isn't working.
149	149	Q1151. Please indicate the extent to which you agree or disagree with each of the following statements. SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
150	150	Q1151. Please indicate the extent to which you agree or disagree with each of the following statements. SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
151	151	Q1151_1. Please indicate the extent to which you agree or disagree with each of the following statements. 1. I feel like my rights are under attack.
152	152	Q1151_2. Please indicate the extent to which you agree or disagree with each of the following statements. 2. The state of the nation has made me consider moving to a different country.
153	153	Q1151_3. Please indicate the extent to which you agree or disagree with each of the following statements. 3. The political environment in my state has made me consider moving to a different state.
154	154	Q1151_4. Please indicate the extent to which you agree or disagree with each of the following statements. 4. I feel like my vote matters.
155	155	Q1151_5. Please indicate the extent to which you agree or disagree with each of the following statements. 5. I don't think people in government care about me.
156	156	Q1151_6. Please indicate the extent to which you agree or disagree with each of the following statements. 6. Our children are going to inherit a better world than we did.
157	157	Q1151_7. Please indicate the extent to which you agree or disagree with each of the following statements. 7. I feel protected by the laws in the United States.
158	158	Q1151_8. Please indicate the extent to which you agree or disagree with each of the following statements. 8. I have more opportunities than people like me had in older generations.
159	159	Q1090. Which of the following actions, if any, have you taken in the past year? Please select all that apply.

Page Table Title

160	160	Q1140A. Do you intend to vote in the 2024 U.S. presidential election?
161	161	Q3650. Which of the following words best describe your feelings regarding the 2024 presidential election? Please select all that apply.
162	162	Q3651. Which of the following, if any, are you stressed about as it relates to the 2024 presidential election? Please select all that apply.
163	163	Q3655. Thinking about the 2024 presidential election, are you experiencing more, less, or the same amount of stress compared with the previous presidential election in 2020?
164	164	Q1085. Please indicate the extent to which you agree or disagree with the following statements. SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
165	165	Q1085. Please indicate the extent to which you agree or disagree with the following statements. SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
166	166	Q1085_5. Please indicate the extent to which you agree or disagree with the following statements. 5. I feel our country is on the path to being stronger than ever.
167	167	Q1085_6. Please indicate the extent to which you agree or disagree with the following statements. 6. I feel, on the whole, my community is improving.
168	168	Q1085_7. Please indicate the extent to which you agree or disagree with the following statements. 7. I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.
169	169	Q1085_8. Please indicate the extent to which you agree or disagree with the following statements. 8. This is the lowest point in our nation's history that I can remember.
170	170	Q3660. Did either the 2016 or 2020 presidential elections have a negative impact on any of your relationships? Please select all that apply.
171	171	Q3665. Which of the following actions, if any, did you take in relation to the negative impact of the 2016 and/or 2020 election on any of your relationships?
172	172	Q3667. How much do you agree or disagree with each of the following statements about politics and government in the United States? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
173	173	Q3667. How much do you agree or disagree with each of the following statements about politics and government in the United States? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
174	174	Q3667_1. How much do you agree or disagree with each of the following statements about politics and government in the United States? 1. The 2024 presidential election could be the end of democracy in the U.S.
175	175	Q3667_2. How much do you agree or disagree with each of the following statements about politics and government in the United States? 2. America will be able to move on, regardless of the results of the 2024 presidential election.
176	176	Q3667_3. How much do you agree or disagree with each of the following statements about politics and government in the United States? 3. I have to vote for a candidate I do not fully support.
177	177	Q3667_4. How much do you agree or disagree with each of the following statements about politics and government in the United States? 4. I am confident that the U.S. 2024 presidential election will go smoothly.
178	178	Q3667_5. How much do you agree or disagree with each of the following statements about politics and government in the United States? 5. I am worried the election results could lead to violence.
179	179	Q3667_6. How much do you agree or disagree with each of the following statements about politics and government in the United States? 6. Stress about the election keeps me awake at night.
180	180	Q3667_8. How much do you agree or disagree with each of the following statements about politics and government in the United States? 8. I feel hopeful about the change this election is going to bring.
181	181	Q3667_9. How much do you agree or disagree with each of the following statements about politics and government in the United States? 9. I feel hopeful that this election will lead to a more inclusive society.
182	182	Q3667_10. How much do you agree or disagree with each of the following statements about politics and government in the United States? 10. The uncertainty about the election is causing me stress.
183	183	Q3667_11. How much do you agree or disagree with each of the following statements about politics and government in the United States? 11. I haven't felt this excited about an election in years.
184	184	Q3667_12. How much do you agree or disagree with each of the following statements about politics and government in the United States? 12. This election season has been a rollercoaster.
185	185	Q3675. Which of the following, if any, are true for you? Please select all that apply.
186	186	Q3690. Changing topics, have you ever learned about how to identify misinformation?
187	187	Q3695. How confident are you in your ability to identify misinformation?
188	188	Q3705. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE (TOP 2 BOX)
189	189	Q3705. How much do you agree or disagree with each of the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE (BOTTOM 2 BOX)
190	190	Q3705_1. How much do you agree or disagree with each of the following statements? 1. I am concerned about unknowingly spreading misinformation (e.g., unknowingly sharing a post with misinformation, citing misinformation in a conversation or work, etc.).
191	191	Q3705_2. How much do you agree or disagree with each of the following statements? 2. I always verify information/sources I read/watch/listen to.
192	192	Q3705_3. How much do you agree or disagree with each of the following statements? 3. I would call someone out for sharing what I believe is misinformation (e.g., in a conversation, online, etc.).
193	193	Q3705_4. How much do you agree or disagree with each of the following statements? 4. I don't feel I can trust someone who shares misinformation in a conversation, online, etc.
194	194	Q3705_5. How much do you agree or disagree with each of the following statements? 5. My personal relationships have been impacted negatively because of misinformation.
195	195	Q3705_6. How much do you agree or disagree with each of the following statements? 6. It is stressful to know how real fake information can look/seem.

Page Table Title

196	196	Q3705_7. How much do you agree or disagree with each of the following statements? 7. I am not sure how to protect my child(ren) from misinformation.
197	197	Q3705_8. How much do you agree or disagree with each of the following statements? 8. I'm worried my child(ren) don't know how to identify what information is real or not.
198	198	Q1220 and Q1222. BMI
199	199	Q2000. Which of the following best describes the area where you currently reside?
200	200	Q3055. Do you currently...?
201	201	Q6521. Which of the following income categories best describes your total 2023 household income before taxes?
202	202	Q6522. POVERTY LEVEL
203	203	Q498. Of the following, which do you consider yourself to be?
204	204	Q1550. Do you, or does anyone in your household, have any of the following conditions? SUMMARY TABLE OF YES, MYSELF ONLY
205	205	Q1550. Do you, or does anyone in your household, have any of the following conditions? SUMMARY TABLE OF YES
206	206	Q1550. Do you, or does anyone in your household, have any of the following conditions? SUMMARY TABLE OF NO
207	207	Q1550_1. Do you, or does anyone in your household, have any of the following conditions? 1. Blindness or a severe visual impairment in either eye
208	208	Q1550_2. Do you, or does anyone in your household, have any of the following conditions? 2. Deafness or hard of hearing in either ear
209	209	Q1550_3. Do you, or does anyone in your household, have any of the following conditions? 3. A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying
210	210	Q1550_4. Do you, or does anyone in your household, have any of the following conditions? 4. A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating
211	211	Q2106. Have you ever been diagnosed with any of the following? Please select all that apply.
212	212	Q1540. Have you ever received treatment or therapy from a psychologist or other mental health professional?
213	213	Q1553 (Q31). What is the primary way you receive health insurance today?
214	214	Q1554a. What political party are you currently registered as?
215	215	DMPOLAFF. Regardless of how you may vote, what do you usually consider yourself?
216	216	Q1555a. In politics today, which of the following best describes your political ideology on most issues?
217	217	Q1560. What is your present religion, if any?
218	218	Q1554. Which of the following best describes you?
219	219	Q1555. Which of the following best describes your parents?
220	220	Q1556. You mentioned you were born outside of the U.S. In which year did you move to the U.S.?
221	221	Q1556. Count of Years Since Moved to U.S.
222	222	Q1557. Which of the following best describes your status in the U.S.? Please keep in mind your results are confidential.
223	223	Q1570. Is English your native language?
224	224	QH1. Which language do you usually speak at home?
225	225	QH2. Would you say you can carry on a conversation in Spanish, both understanding and speaking...?
226	226	QH3. Would you say you can carry on a conversation in English, both understanding and speaking...?
227	227	QH4. Would you say you can read a newspaper or book in Spanish...?
228	228	QH5. Would you say you can read a newspaper or book in English...?
229	229	QH6. You indicated that you consider yourself Latino/a. From what country or region did you or your ancestors come? Please select all that apply.
230	230	QA1. Which language do you usually speak at home?
231	231	QA2. Would you say you can read a newspaper or book in English...?
232	232	QA3. Would you say you can carry on a conversation in English, both understanding and speaking...?
233	233	QA4. You indicated that you consider yourself Asian. From what country or region did you or your ancestors come? Please select all that apply.
234	234	US REGION: Census Region (US Net)
235	235	EDUCATION: What is the highest level of education you have completed?
236	236	INCOME: How much total combined income did all members of your household earn before taxes last year?